

The Brakeman Shuffle

BEGINNER

64 Count

Choreographed by: Lyn Cochrane

Choreographed to: Any Old Time by Alison Krauss

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- 1 - 2 Step backward right-left
3 & 4 Shuffle to the right side right-left-right
5 - 6 Step backward left-right
7 & 8 Shuffle to the left side left-right-left
9 - 10 Step forward right-left
11 & 12 Shuffle to the right side right-left-right
13 - 14 Step forward left-right
15 & 16 Shuffle to the left side left-right-left

/These 16 counts are intended to travel

- 17 - 18 Rock/step right foot backward, rock forward onto left foot
19 & 20 Shuffle to the right side right-left-right
21 - 22 Rock/step left foot forward, rock backward onto right foot
23 & 24 Shuffle to the left side left-right-left, making 1/4 turn left on count 24
25 - 26 Step right foot forward, make 1/2 pivot turn left stepping weight forward onto left foot
27 - 28 Step right foot forward, brush left foot forward
29 - 30 Step left foot forward, make 1/2 pivot turn right stepping weight forward onto right foot
31 - 32 Step left foot forward, brush right foot forward
33 & 34 Shuffle to the right side right-left-right
35 Step left foot beside right foot
36 Brush right foot forward and across in front to left
& 37 Swing right foot around to step to right side step left beside right
38 Brush right foot forward and across in front of left
& 39 Swing right foot around to step to right side push/bump hips to right
& 40 Push/bump hips center, right
41 & 42 Shuffle to the left side left-right-left
43 - 44 Step right foot beside left, brush left foot forward and across in front of right
& 45 Swing left foot around to step to left side step right foot beside left
46 Brush left foot forward and across in front of right
& 47 Swing left foot around to step to left side push/bump hips to left
& 48 Push/bump hips center, left
49 - 50 Rock/step right foot forward, rock backward onto left foot
51 & 52 Shuffle to the right side right-left-right
53 - 54 Rock/step left foot backward, rock forward onto right foot
55 & 56 Shuffle to the left side left-right-left
57 - 58 Step right foot forward, make 1/4 pivot turn left transferring weight to left foot
59 - 60 Repeat previous pivot turn count 57-58
61 - 62 Step right foot forward, make 1/2 pivot turn left stepping weight forward onto left foot
63 - 64 Step right foot beside left, step left foot in place

REPEAT

/There is a slow string introduction to the suggested song. Wait for the tempo to pick up and start the dance as Allison sings "Any Old Time"