

55 Ford

IMPROVER

64 Count 2 Walls
Choreographed by: Debbie Ellis
Choreographed to: 55 Ford by The Refreshments

Website: www.linedancerweb.com Email: admin@linedancerweb.com

1 1 - 2 3 - 4 5 - 6 7 - 8	Toe Struts Diagonally Forward Touch Right toe forward, put weight down on to Right foot. Cross touch Left toe over Right, put weight down on to Left foot. Touch Right toe forward, put weight down on to Right foot. Cross touch Left toe over Right, put weight down on to Left foot.
2 1 - 2 3 - 4 5 - 6 7 - 8	Kick, Kick, Toe Struts Diagonally Back Kick Right forward twice (straighten up to front wall) Touch Right toe back, put weight down on to Right foot. (angling body to right diagonal) Cross touch Left toe over Right, put weight down on to Left foot. Touch Right toe back, put weight down on to Right foot.
3 1 - 2 3 - 4 5 - 8	Side, Touch, Side, Touch, Chasse Left Step Left to Left side, touch right beside Left. (Clap) (Straighten up to front wall) Step Right to Right side, touch Left beside Right. (Clap) Step Left to Left side, close Right beside Left, step Left to Left side, touch Right beside Left.
4 1 - 2 3 - 4 5 - 8	Side, Touch, Side, Touch, Chasse Right Step Right to Right side, touch Left beside Right. (Clap) Step Left to Left side, touch Right beside Left. (Clap) Step right to Right side, close Left beside Right, step Right to Right side, touch Left beside Right.
5 1 - 2 3 - 4 5 - 6 7 - 8	Slow Jazz box making ¼ Turn Left Cross Left over Right, HOLD (optional click of fingers to Left side). Step Right back, HOLD (Optional click of fingers to Right side). Step Left to Left side making a 1/4 turn Left, HOLD. Stomp Right beside Left, HOLD.
6	Toe, Heel, Toe, Kick, Behind, Side, Cross
1 - 2 3 - 4 5 - 8	(counts 1 - 4 are Dwight steps and they should travel slightly to the Right). Touch Right toe next to Left, (knee turned in), Touch Right heel next to Left, (knee turned out). Touch Right toe next to Left (knee turned in), kick Right to Right diagonal. Step Right behind Left, step Left to Left side, cross Right over Left, HOLD.
7 1 - 4 5 - 8	Diagonal Lock Step Forward, Hold, Diagonal Lock Step Forward, Hold Step Left diagonally forward, lock Right behind Left, step Left diagonally forward, HOLD. Step Right diagonally forward, lock Left behind Right, step Right diagonally forward, HOLD.
8 1 - 2 3 - 4 5 - 6 7 - 8	Mambo ½ Turn, Hitch, Turn, Hitch, Turn, Touch. Rock forward on Left, Recover on Right Step Left to Left side making a 1/4 turn Left, hitch Right. Make a 1/2 turn Left stepping Right to side, hitch Left. Make a 1/2 turn Left stepping Left to side , touch Right next to Left.
	Start Again and have fun xx