Web site: www.linedancermagazine.com
E-mail: admin@linedancermagazine.com

## Tears On My Pillow

32 Count, 2 Wall, Intermediate Choreographer: Wanda Heldt (Aus) Jan 2010 Choreographed to: Tears On My Pillow by Kapena, CD: l'll Build You A Rainbow

1. POINT STEPS [SYNCOPATION]

1\&2 Touch Right toe forward, Step Right next to Left, Touch Left toe forward
\&3 Step Left next to Right, Point Right toe to Right side,
\&4 Step Right next to Left, Point Left toe to Left side,
\&5 Step Left next to Right, Touch Right toe forward, **
\&6 Step Right next to Left, Touch Left toe forward
\&7 Step Left next to Right, Point Right toe to Right side,
\&8 Step Right next to Left, Point Left toe to Left side,
** Alternate steps...for counts 5-8
STEP, CROSS SHUFFLE, ROCK, RECOVER, TOUCH
\& Step left behind Right
5\&6 Cross Right over Left, Step Left, Cross Right over Left
7\&8 Rock Left, Recover on Right, Touch Left toe next to Right
2. 1/4 TURN RIGHT HITCH, SIDE SHUFFLE, $1 / 2$ TURN LEFT SIDE SHUFFLE, CHARLESTON STEPS
\&1\&2 Replace weight on Left turn 1/4 Right with a slight R. hitch, Stepping Right, Left, Right [3:00]
3\&4 1/2 turn Left on balls of Right, Stepping Left, Right, Left [9:00]
5-6 Touch Right toe forward Step back on Right
7-8 Touch Left toe back, Step forward on Left
3. CHARLESTON STEPS, RIGHT HEEL JACK, LEFT HEEL JACK

1-2 Touch Right toe fwd, Step back on Right
3-4 Touch Left toe back, Step Left next to Right
5\&6 Cross Right over Left, Step back on Left, Touch Right Heel Forward,
\&7\&8 Step back on Right, Cross Left over Right, Step back on Right, Touch Left heel forward
4. STEP, RIGHT BACK MAMBO, LEFT BACK MAMBO, RIGHT BACK LOCK STEP, $1 / 4$ LEFT SAILOR STEP
\&1\&2 Step on to Left, Step back on Right, Recover on Left, Step Right next to Left.
3\&4 Step back on Left, Recover on Right, Step Left next to Right.
5\&6 Step back on Right, Step left over Right, Step back on Right.
7\&8 Cross Left behind Right, 1/4 Turn Left Step out on to Right, Step out on to Left. [3:00]
TAG: 8 Counts. End of Wall 5 facing 6:00
1-2,3\&4 Rock forward on Right, Recover on Left, Full Triple turn Right, stepping R.L.R.
5-6,7\&8 Rock forward on Left, Recover on Right, Full triple turn Left, Stepping L.R.L.
*** ENDING: [Only if you wish to do so.. but No Need] just stop music..
You will be facing 12:00 end of 10 Wall
Do count 1-4 on Section 1. add the TAG \& these 8 counts

## BACK LOCK STEP, FULL SWEEP UNWIND

1\&2 Step back Right, Lock left over Right, Step back Right
3\&4 Step back Left, Lock Right over Left, Step back Left.
5-8 Sweep the Right toe and do a slow full unwind Right on counts 5-7 and step back on Right (ct.8) with a slight dip.

