

INTRODUCTION-HEEL HITCHES

/When dancing to "Perfect Love", start 17th beat and execute for 16 beats. For "Hernando's Hideaway", execute on 1st 3 beats of melody.

- 1,2 Right heel forward 45 degrees right-right cross in front of left
- 3,4 Right heel forward 45 degrees right-right home
- 5,6 Left heel forward 45 degrees left-left cross in front of right
- 7,8 Left heel forward 45 degrees left-left home

/Repeat as necessary for selected music. Start the dance on top of next (or vocal) phrase

VINE RIGHT

- 1,2 Step right to right side, hold
- 3,4 Cross left in front of right, hold
- 5 Step right to right side
- 6 Step left in back of right
- 7,8 Ronde (swing right foot to the right). Touch to right side (no weight on right)

VINE LEFT

- 1,2 Step right in back of left. Left step to left side.
- 3,4 Cross right in front of left. Left step to left side.
- 5,6 Cross right in back of left. Large left step to left side
- 7,8 Drag right to left (take 2 beats to drag-no weight on right)

ROCK STEP-RONDE SWEEP-ROCK STEP

- 1 Step right back
- 2 Step left in place
- 3,4 Step right forward. Swing left to the right to front (no weight on left)
- 5,6 Continue left swing to cross in front of right. Step left (body turns 1/4 to right)
- 7 Step back on right-(turn body to face front wall 1/4 to left)
- 8 Step left in place

1/2 TURN LEFT, FULL TURN LEFT (OR WALK ON COUNTS 2,3,4)

- 1 Step forward on right-1/2 turn left
- 2 Step on left-1/2 turn left
- 3 Step on right-1/2 turn left
- 4 Step forward on left (facing back wall)

FLICK STEPS

- 1 Cross right in front of left
- 2 Flick left leg from the knee to the left
- 3 Cross left in front of right
- 4 Flick right leg from the knee to right