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**Bear Walk** 

**BEGINNER** 

12 Count

Choreographed by: Lydia Stephenson Choreographed to: Come On Back by Carlene Carter

1 - 2 3 - 4 5 - 6 7 - 8	RIGHT TOE AND HEEL TAPS, STEP ACROSS AND HOLD: Two right toe taps-allow hips to 'twist', right toes twist & face into left instep Two right heel taps-allow hips to 'twist', right heel faces to left instep Right toe tap; right heel tap-allow hips to 'twist', right toes to left instep, right heel to left instep Step down right across in front of left; hold
	/NOTE: The following are how the above should be done:
	Right toe tap (turn foot so toe taps floor at 9 o'clock)
	Right heel tap (turn foot so toe points at 3 o'clock)
	Left toe tap (turn foot so toe taps floor at 3 o'clock)
	Left heel tap (turn foot so toe points at 9 o'clock)
9 - 10 11 - 12 13 - 14 15 - 16	LEFT TOE AND HEEL TAPS, STEP ACROSS AND HOLD: Two left toe taps, allow hips to 'twist'; left toe twist & faces into right instep Two left heel taps, allow hips to 'twist'; left heel faces into right instep Left toe tap; left heel tap-allow hips to 'twist'; left toes twist in, left heel twists into right instep Step down left across in front of right; hold
17 - 19 20 - 22 23 - 25 26 - 28	RIGHT AND LEFT TOE AND HEEL TAP AND STEP ACROSS: Right toe tap; right heel tap; step down right across in front of left, allow hips to 'twist' Left toe tap; left heel tap; step down left across in front of right, twist action Right toe tap; right heel tap; step down right across in front of left, twist action Left toe tap; left heel tap; step down left across in front of right, twist action
29 - 30 31 - 32	RIGHT TOE/HEEL TAP, AND DOUBLE KICK: Right toe tap, right heel tap Kick right foot forward twice
33 - 34 35 - 36 37 - 38 39 - 40	LOCKED STEP RIGHT BACK AND SLIDE LEFT:  Cross right over in front of left & slightly behind; slide left back (travel backwards)  Step right back; slide left back (right stays crossed in front of left)  Step right back; slide left back, keeping ankles crossed  Step right back; slide left back, keeping ankles crossed, weight ends on left
41 - 44 45 - 48	BACK STEP AND FULL TURN LEFT, THE HIP THRUSTS: Step right back, pivot full turn-3 count turn to left Left hip thrust; right hip thrust; left hip thrust; right hip thrust & crossed ankle dips (collapses) weight ends on left
49 - 50 51 - 52 53 - 54 55 - 56	RIGHT AND LEFT SCUFF AND STEP: Scuff right foot forward; right step down Scuff left foot forward; left step down Scuff right foot forward; right step down Scuff left foot forward; left step down
57 - 58 59 - 60 61 - 64	SCUFF AND STEP, MAKING FULL TURN TO LEFT: Scuff right foot forward; right step down, with 1/4 turn left Scuff left foot forward; left step down, with 1/4 turn left (on balls of both feet) complete slow 1/2 turn left, weight ends on left
65 - 66 67 - 68 69 - 70 71 - 72	RIGHT AND LEFT STEP FORWARD AND WIGGLE: Step right forward with wiggle; hold with wiggle Step left forward with wiggle; hold with wiggle Step right forward with wiggle; hold with wiggle Step left forward with wiggle; hold with wiggle

	REPEAT
113 - 116 117 - 120 121 - 124 125 - 128	RIGHT AND LEFT STEP OVER, ROCK STEPS AND SCUFF:  Step right across left; rock back on left; rock forward on right; scuff forward left  Step left across right; rock back on right; rock forward on left; scuff forward right  Step right across left; rock back on left; rock forward on right; scuff forward left  Step left across right; rock back on right; rock forward on left; scuff forward right.
105 - 112	8 COUNT GRAPEVINE LEFT: Step left to side; step right behind; step left to side; cross right in front of left; step left to side; step right behind; step left to side; scuff forward right beside left
97 - 104	8 COUNT GRAPEVINE RIGHT: Step right to side; step left behind; step right to side; cross left in front of right; step right to side; step left behind; step right to side; scuff forward left beside right
89 - 96	<b>BOOGIE BACK:</b> Right; left; right; left; right; left (i.e., Right step back on ball of foot with toe pointed to 11 o'clock & twist heel in)
81 - 82 83 - 88	4 SCOOTS FORWARD: Scoot/jump forward on both feet, left foot slightly forward of right; hold Repeat 3 times, (81-82) weight ends on left
73 - 74 75 - 76 77 - 78 79 - 80	FORWARD STEPS WITH WIGGLE WITH HANDS AT BACK OF HEAD AND ON THE WAIST: Step right forward with wiggle, place right hand on back of head (at ear level); hold with wiggle Step left forward with wiggle, place left hand back of head (at ear level); hold with wiggle Step right forward with wiggle, place right hand back to waist; hold with wiggle Step left forward with wiggle, place left hand back to waist; hold with wiggle

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