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## Bear Walk

BEGINNER
12 Count
Choreographed by: Lydia Stephenson Choreographed to: Come On Back by Carlene Carter

|  | RIGHT TOE AND HEEL TAPS, STEP ACROSS AND HOLD: |
| :---: | :---: |
| 1-2 | Two right toe taps-allow hips to 'twist', right toes twist \& face into left instep |
| 3-4 | Two right heel taps-allow hips to 'twist', right heel faces to left instep |
| 5-6 | Right toe tap; right heel tap-allow hips to 'twist', right toes to left instep, right heel to left instep |
| 7-8 | Step down right across in front of left; hold |
|  | /NOTE: The following are how the above should be done: |
|  | Right toe tap (turn foot so toe taps floor at 9 o'clock) |
|  | Right heel tap (turn foot so toe points at 3 o'clock) |
|  | Left toe tap (turn foot so toe taps floor at 3 o'clock) |
|  | Left heel tap (turn foot so toe points at 9 o'clock) |
|  | LEFT TOE AND HEEL TAPS, STEP ACROSS AND HOLD: |
| 9-10 | Two left toe taps, allow hips to 'twist'; left toe twist \& faces into right instep |
| 11-12 | Two left heel taps, allow hips to 'twist'; left heel faces into right instep |
| 13-14 | Left toe tap; left heel tap-allow hips to 'twist'; left toes twist in, left heel twists into right instep |
| 15-16 | Step down left across in front of right; hold |
|  | RIGHT AND LEFT TOE AND HEEL TAP AND STEP ACROSS: |
| 17-19 | Right toe tap; right heel tap; step down right across in front of left, allow hips to 'twist' |
| 20-22 | Left toe tap; left heel tap; step down left across in front of right, twist action |
| 23-25 | Right toe tap; right heel tap; step down right across in front of left, twist action |
| 26-28 | Left toe tap; left heel tap; step down left across in front of right, twist action |
|  | RIGHT TOE/HEEL TAP, AND DOUBLE KICK: |
| 29-30 | Right toe tap, right heel tap |
| 31-32 | Kick right foot forward twice |
|  | LOCKED STEP RIGHT BACK AND SLIDE LEFT: |
| 33-34 | Cross right over in front of left \& slightly behind; slide left back (travel backwards) |
| 35-36 | Step right back; slide left back (right stays crossed in front of left) |
| 37-38 | Step right back; slide left back, keeping ankles crossed |
| 39-40 | Step right back; slide left back, keeping ankles crossed, weight ends on left |
|  | BACK STEP AND FULL TURN LEFT, THE HIP THRUSTS: |
| 41-44 | Step right back, pivot full turn-3 count turn to left |
| 45-48 | Left hip thrust; right hip thrust; left hip thrust; right hip thrust \& crossed ankle dips (collapses) weight ends on left |
|  | RIGHT AND LEFT SCUFF AND STEP: |
| 49-50 | Scuff right foot forward; right step down |
| 51-52 | Scuff left foot forward; left step down |
| 53-54 | Scuff right foot forward; right step down |
| 55-56 | Scuff left foot forward; left step down |
|  | SCUFF AND STEP, MAKING FULL TURN TO LEFT: |
| 57-58 | Scuff right foot forward; right step down, with 1/4 turn left |
| 59-60 | Scuff left foot forward; left step down, with 1/4 turn left |
| 61-64 | (on balls of both feet) complete slow $1 / 2$ turn left, weight ends on left |
|  | RIGHT AND LEFT STEP FORWARD AND WIGGLE: |
| 65-66 | Step right forward with wiggle; hold with wiggle |
| 67-68 | Step left forward with wiggle; hold with wiggle |
| 69-70 | Step right forward with wiggle; hold with wiggle |
| 71-72 | Step left forward with wiggle; hold with wiggle |

FORWARD STEPS WITH WIGGLE WITH HANDS AT BACK OF HEAD AND ON THE WAIST:

73-74
75-76
77-78
79-80

81-82
83-88

89-96

97-104

105-112

113-116
117-120
121-124
125-128

Step right forward with wiggle, place right hand on back of head (at ear level); hold with wiggle
Step left forward with wiggle, place left hand back of head (at ear level); hold with wiggle
Step right forward with wiggle, place right hand back to waist; hold with wiggle
Step left forward with wiggle, place left hand back to waist; hold with wiggle

## 4 SCOOTS FORWARD:

Scoot/jump forward on both feet, left foot slightly forward of right; hold
Repeat 3 times, (81-82) weight ends on left

## BOOGIE BACK:

Right; left; right; left; right; left; right; left (i.e., Right step back on ball of foot with toe pointed to 11 o'clock \& twist heel in)

## 8 COUNT GRAPEVINE RIGHT:

Step right to side; step left behind; step right to side; cross left in front of right; step right to side; step left behind; step right to side; scuff forward left beside right

## 8 COUNT GRAPEVINE LEFT:

Step left to side; step right behind; step left to side; cross right in front of left; step left to side; step right behind; step left to side; scuff forward right beside left

RIGHT AND LEFT STEP OVER, ROCK STEPS AND SCUFF:
$\qquad$
Step right across left; rock back on left; rock forward on right; scuff forward left Step left across right; rock back on right; rock forward on left; scuff forward right Step right across left; rock back on left; rock forward on right; scuff forward left Step left across right; rock back on right; rock forward on left; scuff forward right.

## REPEAT

