|  |  |  |  |
| :---: | :---: | :---: | :---: |
| Steps | ACTUAL FOOTWORK | Calling SUGGESTION | DIRECTION |
| Section 1 <br> 1-2 <br> $3 \& 4$ <br> 5-6 <br> 7 \& 8 | Cross Rock, Right Chasse, Cross Rock, Left Chasse. <br> Cross rock right over left. Recover onto left. <br> Step right to right side. Close left beside right. Step right to right side. <br> Cross rock left over right. Recover onto right. <br> Step left to left side. Close right beside left. Step left to left side. | Cross Rock <br> Side Close Side <br> Cross Rock <br> Side Close Side | On the spot Right <br> On the spot <br> Left |
| Section 2 <br> $1-2$ <br> Option:- <br> $3 \& 4$ <br> 5 <br> -6 <br>  | Cross Unwind, Cross Shuffle, Side Rock, Cross Shuffle. Cross right over left. Unwind full turn left. (Weight ends on left.) Counts 1-2: Touch right across left. Point right to right side. Cross right over left. Step left to left side. Cross right over left. Rock left to left side. Recover onto right. <br> Cross left over right. Step right to right side. Cross left over right. | Cross Unwind <br> Cross Shuffle <br> Side Rock <br> Cross Shuffle | Turning left <br> Left <br> On the spot Right |
| $\begin{gathered} \text { Section } 3 \\ 1-2 \\ 3 \& 4 \\ 5-6 \\ 7 \& 8 \end{gathered}$ | Skates x2, Forward Shuffle, Skates x2, Forward Shuffle. Skate right forward. Skate left forward. <br> Step right forward. Close left beside right. Step right forward. Skate left forward. Skate right forward. <br> Step left forward. Close right beside left. Step left forward. | Skate Skate <br> Shuffle Step <br> Skate Skate <br> Shuffle Step | Forward |
| Section 4 <br> 1-2 <br> 3 \& 4 <br> 5-6 <br> 7 \& 8 <br> Option:- <br> Restart:- | Rock Step, Triple 3/4 Turn Right, Rock Step, Coaster Step. <br> Rock right forward. Recover back onto left. <br> Triple 3/4 turn right stepping Right, Left, Right. <br> Rock left forward. Recover back onto right. <br> Step left back. Close right beside left. Step left forward. <br> Replace counts 7 \& 8 with Triple Full Turn Left on the spot stepping L, R, L. <br> During 4th Wall - start dance from beginning at this point. | Rock Step <br> Triple Turn <br> Rock Step <br> Coaster Step | On the spot Turning right On the spot |
| $\begin{gathered} \text { Section } 5 \\ 1-2 \\ 3 \& 4 \\ 5-6 \\ 7 \& 8 \end{gathered}$ | Pivot 1/2 Turn, Forward Shuffle, Pivot 1/4 Turn, Cross Shuffle. <br> Step right forward. Pivot $1 / 2$ turn left. <br> Step right forward. Close left beside right. Step right forward. <br> Step left forward. Pivot $1 / 4$ turn right. <br> Cross left over right. Step right to right side. Cross left over right. | Step Pivot Shuffle Step Step Pivot Cross Shuffle | Turning left <br> Forward <br> Turning right <br> Right |
| $\begin{gathered} \text { Section } 6 \\ 1-2 \\ \& 3-4 \\ 5-6 \\ 7 \& 8 \end{gathered}$ | Step, Clap, \& Step, Clap, Back Rock, Left Chasse. <br> Step right to right side. Clap. <br> Step left beside right. Step right to right side. Clap. <br> Rock back on left. Recover onto right. <br> Step left to left side. Close right beside left. Step left to left side. | Step Clap <br> \& Step Clap <br> Back Rock <br> Side Close Side | Right <br> On the spot Left |
| $\begin{gathered} \text { Section } 7 \\ 1-2 \\ 3-4 \\ 5-6 \\ 7-8 \\ \text { Arms:- } \end{gathered}$ | Cross Strut, Side Strut, Cross Strut, Toe Strut 1/4 Turn Left. <br> Cross right toe over left. Drop right heel taking weight. <br> Step left toe to left side. Drop left heel taking weight. <br> Cross right toe over left. Drop right heel taking weight. <br> Step left toe $1 / 4$ turn left. Drop left heel taking weight. <br> On counts 1-8 swing arms Right, Left, Right, Front clicking fingers. | Cross Strut Side Strut Cross Strut Turn Strut | Left <br> Turning left |
| $\begin{gathered} \text { Section } 8 \\ 1-2 \\ 3 \& 4 \\ 5-6 \\ 7 \& 8 \\ \text { Option:- } \end{gathered}$ | Pivot $\mathbf{1 / 2}$ Turn, Forward Shuffle, Rock Step, Coaster Step. <br> Step right forward. Pivot $1 / 2$ turn left. <br> Step right forward. Close left beside right. Step right forward. <br> Rock left forward. Rock back onto right. <br> Step left back. Close right beside left. Step left forward. <br> Replace counts 7 \& 8 with Triple Full Turn Left on the spot stepping L, R, L. | Step Pivot Shuffle Step Rock Step Coaster Step | Turning left <br> Forward <br> On the spot |

[^0]
[^0]:    4 Wall Line Dance:- 64 Counts. Intermediate.
    Choreographed by:- Nigel \& Barbara Payne (UK) December 2003.
    Choreographed to:- ‘Strong Enough’ ( 128 bpm ) by Cher from ‘The Very Best Of..' CD, start on the word 'Strong' about 40 seconds into track.
    Music Suggestion:- 'It's Alright To Be A Redneck' ( 145 bpm ) by Alan Jackson from 'When Somebody Loves You' CD,
    start on vocals - no restart required with this track.

