

# Story Of My Life

32 Count, 4 Wall, Improver Choreographer: Wanda Heldt (Aus) November 2013 Choreographed to: Story Of My Life by One Direction

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INTRO......Done once - only

Start on words...ct.16 'Written on these walls' dance 4 Walls - on the 5th Wall leave out Last 4 cts. \*\*

#### 1-8 JAZZ BOX IN PLACE, JAZZ BOX with a 1/4 turn Right

- 1-4 Step Right across Left, Step back on left, Step together Right. Left. [Wt. on L]
- 5-8 Step Right across Left, Step back on left with a 1/4 turn Right, Step together Right. Left. [3:00]

## 9-16 LOCK STEP, SHUFFLE, 1/4 TURN LEFT LOCK STEP SHUFFLE

- 1-4 Step forward on Right, Step Left behind Right, Right Shuffle forward R.L.R.
- 5-6 1/4 turn Left on balls of Right step forward on Left, Step Right behind Left,
- 7&8 Left Shuffle forward L.R.L. [12:00] On the 6th Wall at 12:00 Start Main Dance.

#### 17-20 1/2 PIVOT TURN LEFT, 1/4 PIVOT TURN LEFT

1-4 Step forward on Right 1/2 turn Left, Step forward on Right 1/4 turn Left [**Keeping your weight on Left**]

#### MAIN DANCE\*\* starts at [12:00] on MAIN vocal on the words 'Story of My Life'

- 1-8 SHUFFLE 1/2 TURN R.L.R, ROCK BACK, RECOVER, SHUFFLE 1/2 TURN L.R.L, ROCK BACK, RECOVER
- 1&2 1/2 turn Left as you Shuffle back R.L.R.
- 3-4 Rock back on Left, Recover on Right.
- 5&6 1/2 turn Right as you Shuffle back L.R.L.
- 7-8 Rock back on Right, Recover on Left.

## 9-16 RIGHT TOE STRUTS, LEFT TOE SRUTS, ROCK BACK, RECOVER, STEP, HOLD

- 1-2 Right toe forward, drop heel onto floor placing weight onto Right foot.
- 3-4 Left toe forward, drop heel onto floor placing weight onto Left foot.
- 5-8 Rock back on Right, Recover on Left, Step Right next to Left, Hold. [Wt. on L]

## 17-24 2 X 1/2 MONTEREY TURNS

- 1-2 Touch Right toe to Right side, on ball of left foot 1/2 turn Right and step on Right.
- 3-4 Touch Left toe out to Left side, Step Left next to Right. [6:00]
- 5-6 Touch Right toe to Right side, on ball of left foot 1/2 turn Right and step on Right.
- 7-8 Touch Left toe out to Left side, Step Left next to Right. [12:00]

## 25-32 KICK BALL CHANGE, WEAVE LEFT with a 1/4 TURN, RIGHT KICK BALL CHANGE

- 1&2 Kick Right foot forward, Step onto ball of Right next to Left and lift Left foot slightly off the floor, Replace weight on Left.
- 3-6 Step Right across Left, Step on Left, Step Right behind left, 1/4 Turn Left stepping forward on Left[9:00]
- 7&8 Kick Right foot forward, Step onto ball of Right next to Left and lift Left foot slightly off the floor, Replace weight on Left.

#### Restart...Main dance

HAVE FUN IN LIFE AND IN DANCE