## STEPPIN'OFF



THEPage



Approved by:

- Stay The Night

4 WALL – 32 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Forward Mambo, Back Mambo, Brush, Step, Side Rock, Behind & Heel & Cross		
1 & 2	Rock forward on right. Rock back on left. Step right back.	Mambo Forward	On the spot
3 & 4 &	Rock back on left. Rock forward on right. Brush left beside right. Step left forward.	Rock & Brush Step	
5 & 6	Rock right to right side. Recover onto left. Step right back slightly behind left.	Side Rock Behind	
& 7	Step left to left side. Cross right heel over left.	& Heel	Left
& 8	Step left small step to left side. Cross right over left.	& Cross	
Section 2	Side Rock Cross, 1/2 Turn, Cross, Flick, Back, Together, Heel Strut x 3		
1 & 2	Rock left to left side. Recover onto right. Cross left over right.	Rock & Cross	Right
3 &	Make 1/4 turn left stepping right back. Make 1/4 turn left stepping left to left side.	Quarter Quarter	Turning left
4 &	Cross right over left. Flick left heel up behind right.	Cross Flick	Left
5 &	Step left back. Step right beside left.	Back Together	Back
6 &	Step left heel forward. Drop left toes taking weight.	Heel Strut	Forward
7 &	Step right heel forward. Drop right toes taking weight.	Right Strut	
8 &	Step left heel forward. Drop left toes taking weight.	Left Strut	
Section 3	Heel Toe Side Together, Side Rock, Step, Heel Toe Side Together, Side Rock, Cross		
1 &	Touch right heel forward. Touch right toe beside left.	Heel Toe	On the spot
2 &	Touch right toe to right side. Step right beside left.	Side Together	
3 & 4	Rock left to left side. Recover onto right. Step left beside right.	Rock & Together	
5 &	Touch right heel forward. Touch right toe beside left.	Heel Toe	
6 &	Touch right toe to right side. Step right beside left.	Side Together	
7 & 8	Rock left to side. Recover onto right. Cross left over right (body to right diagonal).	Rock & Cross	
Section 4	Lock Step Back, Coaster Step, Step, Pivot 1/2, 1/4 Turn, Step		
1 & 2	Step right back. Lock left across right. Step right back.	Back Lock Back	Back
3 & 4	Step left back. Step right beside left. Step left forward.	Coaster Step	On the spot
5 – 6	Step right forward. Pivot 1/2 turn left.	Step Pivot	Turning left
7 – 8	Make 1/4 turn left stepping right forward. Step left forward.	Quarter Step	

Choreographed by: Tina Argyle (UK) February 2011

Choreographed to: 'Stay The Night' by James Blunt (96 bpm) from CD Some Kind Of Trouble; also available as download from amazon.co.uk or iTunes

(16 count intro: you will be half way through Wall 1 when lyrics start - this ensures you hit the chorus each time at the beginning of the dance)



A video clip of this dance is available at www.linedancermagazine.com