

Speedy Cowgirl

48 Count, 4 Wall, Intermediate

Choreographer: Mattia Collaro (IT) Aug 2013

Choreographed to: Kick It Up by The McClymonts

Start dancing on lyrics

1 TWO SETS, ROCK STEP, COASTER STEP

- 1-2 Rock right forward, recover to left
- 3&4 Right coaster step
- 5-6 Rock left forward, recover to right
- 7&8 Left coaster step

2 RIGHT FORWARD SHUFFLE, ROCK STEP, LEFT BACK SHUFFLE, ROCK STEP

- 1&2 Chassé forward right-left-right
- 3-4 Rock left forward, recover to right
- 5&6 Chassé back left-right-left
- 7-8 Rock right back, recover to left

3 KICK-BALL-STEP, TURN ½ LEFT, GRAPEVINE RIGHT, LEFT CROSS

- 1&2 Right kick ball step
- 3-4 Step right forward, turn ½ left (weight to left)
- 5-6 Step right side, cross left behind
- 7-8 Step right side, cross left over

4 RIGHT SIDE ROCK CROSS, HOLD, LEFT SIDE ROCK CROSS TURN ¼, HOLD

- 1-4 Rock right side, recover to left, cross right over, hold
- 5-8 Rock left side, recover to right, turn ¼ right and cross left over, hold

5 CROSS ROCK & HOOK, KICK, KICK, CROSS ROCK & HOOK, KICK, FLICK, HOP, HOP

- 1-2 Jump crossing right over (left heel up), step left together and kick right forward
- 3-4 Step right back and kick left forward, cross left over and hitch right
- 5-6 Step right together and kick left forward, step left together and hitch right
- 7-8 Hop left back and touch right back, hop left back and touch right back

6 KICK SIDE, STOMP UP, KICK SIDE, STOMP UP, STEP TURN ¼ LEFT, STOMP, STOMP

- 1-2 Kick right side, stomp right together
- 3-4 Kick right side, stomp right together
- 5-6 Step right forward, turn ¼ left (weight to left)
- 7-8 Stomp right together, stomp left together