

Toe And Heel Touches / Shuffle / Toe And Heel Touch.

- 1 & 2 Touch Left Toe To Right Instep, Step Left Beside Right Toe To Left Instep.
& 3 & 4 Step Right Besides Left, Touch Left Heel Forward, Step Left Besides Right, Touch Right Toe Back.
& 5 & 6 Step Right Besides Left, Step Forward Left, Close Right To Left, Step Forward Left (shuffle)
7 & 8 Touch Right Toe Back, Stepright Besides Left, Touch Heel Forward.

& Step / Pivot Turn / Hook / Shuffle / Side Rock Cross (x2)

- & 9 - 10 Step Left Besides Right, Step Forward Right. 1/2 Pivot Turn Left In Front Of Right.
11 & 12 Step Forward Left, Close Right To Left, Step Forward Left (Shuffle)
13 & 14 Rock Right To Right, Recover Weight To Left, Cross Step Right Over Left.
15 & 16 Rock Left To Left Side, Recover Weight To Right, Cross Step Over Right.

Kick Step Back / Step 1/2 Turn / Kick & Heel / Step 1/4 Turn.

- 17 & 18 Kick Right Forward Step Back Right, Step Left Back Level With Right, Shoulder Width Apart.
19 - 20 Step Forward Right 1/2 Pivot Turn Left.
21 & 22 Kick Right Forward, Step Right Besides Left, Touch Left Forward.
& 23 - 24 Step Left Beside Right, Step Forward Right. 1/4 Pivot Turn Left.

Syncopated Box Steps / Sailor Steps.

- 25 & 26 Cross Step Right Over Left, Step Back Left, Step Right To Right Side. (box Step)
27 & 28 Cross Step Left Over Right, Step Back Right, Step Left To Left Side (box Step)
29 & 30 Cross Step Right Behind Left, Step Back Right, Step Left To Left Side. (sailor)
31 & 32 Cross Step Left Behind Right, Step Right Besides Left, Step Left In Plae (sailor)

Behind / 1/4 Turn / 1/2 Turn (x2) / Flick Kicks / Turning Shuffle.

- 33 - 34 Cross Step Right Behind Left. Step Left To Left Side Making 1/4 Turn Left
35 - 36 Step Forward Right Making 1/2 Turn Left. Step Back On Left Making 1/2 Turn Left
37 - 38 Kick Right Forward Twice
39 & 40 Step Back Right Making 1/4 Turn Right, Close Left To Right, Step Right To Right Side Making 1/4 Turn Right.

Heels And Toes With 1/4 And 1/2 Turns

- 41 & 42 Touch Left Heel Forward, Step Left Besides Right, Touch Right Heel Forward
& 43 Step Right Besides Left, Touch Left Toe Behind Right Heel
& 44 Step Left Besides Right Touch Right Toe Behind Left Heel
& 45 Step Right Besides Left Making 1/4 Turn Right, Touch Left Toe Behind Right Heel
& 46 Step Left To Left Side Making 1/2 Turn Left, Touch Right Toe Behind Left Heel
& 47 Step Right Besides Left, Touchleft Heel Forward
& 48 Step Left Besides Right, Stomp Right Besides Left