

So Yesterday

32 Count, 2 Wall, Intermediate

Choreographer: Jo Kinser & Mark Furnell (UK)

Dec 2009

Choreographed to: Yesterday by Toni Braxton,
CD Single (80 bpm)

Start 16 counts in on the vocals (0:12).

- 1-8 Fwd, Step, Full Turn, Back Lock Step, Side, Rock, Cross, Side, Cross**
- 1 Step Rt fwd
2&3 Step Lt fwd making 1/2 turn Rt (in place), Step Rt fwd, Make a 1/2 turn Rt stepping back Lt
4&5 Step Rt back, Lock Lt in front of Rt, Step Rt back
6 Step Lt a big step to Lt
7& Step ball of Rt behind Lt heel, Make 1/4 turn Lt crossing Lt over Rt
8& Step Rt to Rt, Cross Lt over Rt
- 9-16 Side, Rock Replace, Side, Rock 1/4 Side, Rock Turn Hook, Step Lock**
- 1 Step Rt a big step to Rt
2&3 Rock Lt back, Replace weight Rt over Lt, Step Lt to Lt
4&5 Rock Rt back, Replace weight Lt, Make 1/4 turn Lt stepping Rt to Rt
6& Rock Lt back, Replace weight Rt over Lt
7& Make a 1/4 turn Rt stepping back Lt, Make a 1/2 turn Rt hooking Rt in front of Lt
8& Step Rt fwd, Lock Lt behind Rt
- 17-24 Lunge, Back, Coaster Step, Rock Replace, Triple Full Turn Sweep**
- 1,2 Lunge fwd on Rt, Replace weight Lt stepping back Lt
3&4 Step back Rt, Step Lt next to Rt, Step Rt fwd
5,6 Rock Lt fwd, Replace weight Rt
7&8 Make a full turn Lt in place (walk around turn) Lt, Rt, Lt
& Sweep the Rt foot from back to front
- 25-32 Cross-Tap, Back Lock Back, Turn, Side, Rock & Turn Turn Hitch**
- 1 Crossing Rt in front of Lt as Lt foot taps behind Rt (3 o'clock)
2&3 Step Lt back angling body diagonally Rt (5 o'clock), Lock Rt in front of Lt, Step Lt back
4,5 Make 1/8th turn Rt stepping Rt fwd (6 o'clock), Make 1/4 turn Rt stepping Lt to Lt (9 o'clock)
6&7 Rock Rt back, Replace weight Lt, Make 1/4 turn Lt stepping Rt back (6 o'clock)
8& Make 1/2 turn Lt stepping Lt fwd (12 o'clock), Make 1/2 turn Lt in place hitching Rt (6 o'clock)

HAVE FUN ☺

Listen to the track on www.essence.com
