## STEPPIN'OFF



## **THEPage**



## Approved by:



## Regime Cham She Likes To Dance

2 WALL – 64 COUNTS – BEGINNER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Forward Rumba Box With Holds Step right to right side. Close left beside right. Step right forward. Hold. Step left to left side. Close right beside left. Step left back. Hold.	Side Together Forward Hold Side Together Back Hold	Right Forward Left Back
<b>Section 2</b> 1 - 4 5 - 6 7 - 8	Grapevine Right, Hold, Cross Point, Back Point, Cross, Back Step right to right side. Cross left behind right. Step right to right side. Hold. Cross point left over right. Point left back. Cross left over right. Step right back.	Side Behind Side Hold Point Point Cross Back	Right On the spot
Section 3 1 - 2 3 - 4 5 - 6 7 - 8	Rumba Box Back With Holds Step left to left side. Close right beside left. Step left back. Hold. Step right to right side. Close left beside right. Step right forward. Hold.	Side Together Back Hold Side Together Forward Hold	Left Back Right Forward
Section 4 1 – 4 5 – 6 7 – 8	Grapevine Left, Hold, Cross Point, Back Point, Cross, Back Step left to left side. Cross right behind left. Step left to left side. Hold. Cross point right over left. Point right back. Cross right over left. Step left back.	Side Behind Side Hold Point Point Cross Back	Left On the spot
Section 5 1 - 2 3 - 4 5 - 6 7 - 8	Toe Struts (Turning 1/2 Right) Step right toe forward turning 1/4 right. Drop right heel taking weight. (3:00) Step left toe back. Drop left heel taking weight. Step right toe forward turning 1/4 right. Drop right heel taking weight. (6:00) Step left toe back. Drop left heel taking weight.	Turn Strut Back Strut Turn Strut Back Strut	Turning right Back Turning right Back
Section 6 1 - 2 3 - 4 5 - 6 7 - 8	Side Rock, Cross, Hold (x 2) Rock right out to right side. Recover onto left. Cross right over left. Hold. Rock left out to left side. Recover onto right. Cross left over right. Hold.	Side Rock Cross Hold Side Rock Cross Hold	On the spot Left On the spot Right
Section 7 1 - 2 3 - 4 5 - 8	Jump Forward, Jump Back, Hip Bumps Jump right small jump forward. Jump left small jump forward. (Feet apart) Jump right small jump back. Jump left small jump back. (Feet together) Bump hips - right, left, right, left. (Weight on left)	Jump Out Jump Back Hip Bumps	Forward Back On the spot
Section 8 1 - 2 3 - 4 5 - 8	Jump Forward, Jump Back, Hip Bumps Jump right small jump forward. Jump left small jump forward. (Feet apart) Jump right small jump back. Jump left small jump back. (Feet together) Bump hips - right, left, right, left. (Weight on left)	Jump Out Jump Back Hip Bumps	Forward Back On the spot

Choreographed by: Rene and Reg Mileham (UK) August 2013

Choreographed to: 'She Came To Dance' by Asleep At The Wheel (152 bpm) from CD Original Hits - Country; download variable from amazon or iTunes

(64 count intro - start on word 'came' - She came to dance ...)



A video clip of this dance is available at www.linedancermagazine.com