

Shania's Up 50 Count, 4 Wall, Beginner

50 Count, 4 Wall, Beginner Choreographer: Rafel & Ariadna Corbi (ES) Choreographed to: Up! by Shania Twain

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Section 1	Rock Forward, Back, Coaster Step Twice
1-2	Rock forward with right foot crossing in front of left, recover weight to left foot
3&4	Step back with right foot, left beside right, step forward with right foot
5-6	Rock forward with left foot crossing in front of right, recover weight to right foot
7&8	Step back with left foot, right beside left, step forward with left foot
Section 2	Kick Ball Cross, Rock, Side, Coaster Cross, Rock, Side
9&10	Kick forward with right foot, step right beside left, cross left over right
11-12	Rock right foot to right side, recover weight to left foot
13&14	Step right foot back, left beside right, cross right over left
15-16	Rock left foot to left side, recover weight to right foot
Section 3	Coaster Cross, Pivot ½ Turn Left, Pivot ¼ Turn Left
17&18	Step left foot back, right beside left, cross left foot over right
19-20	Step forward with right, pivot half turn left (weight on left)
21-22	Step forward with right, pivot quarter turn left (weight on left)
Section 4	Vine Right, Vine Left
23-24	Step right to right side, step left behind right
25-26	Step right to right side, touch left beside right
27-28	Step left to left side, step right behind left
29-30	Step left to left side, touch right beside left
Section 5	Stepping Back With Claps
31-32	Step back with right foot in right diagonal, touch left beside right and clap your hands
33-34	Step back with left foot in left diagonal, touch right beside left and clap your hands
35-36	Step back with right foot in right diagonal, touch left beside right and clap your hands
37-38	Step back with left foot in left diagonal, touch right beside left and clap your hands
Section 6	Rolling Vine Traveling Forward
39-40	Step forward with right foot, doing a ½ turn right step left foot back
41-42	Doing a ½ turn right step right forward (you've done a full turn forward), step left beside right
Section 7	Toe Struts Traveling Forward
43-44	Step forward with right toe, drop right heel
45-46	Step forward with left toe, drop left heel

REPEAT

47-48

49-50

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Step forward with right toe, drop right heel

Step forward with left toe, drop left heel