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## Shania's Up

50 Count, 4 Wall, Beginner Choreographer: Rafel \& Ariadna Corbi (ES) Choreographed to: Up! by Shania Twain

## Section 1 Rock Forward, Back, Coaster Step Twice

1-2 Rock forward with right foot crossing in front of left, recover weight to left foot
3\&4 Step back with right foot, left beside right, step forward with right foot
5-6 Rock forward with left foot crossing in front of right, recover weight to right foot
$7 \& 8 \quad$ Step back with left foot, right beside left, step forward with left foot
Section 2 Kick Ball Cross, Rock, Side, Coaster Cross, Rock, Side
9\&10 Kick forward with right foot, step right beside left, cross left over right
11-12 Rock right foot to right side, recover weight to left foot
13\&14 Step right foot back, left beside right, cross right over left
15-16 Rock left foot to left side, recover weight to right foot
Section 3 Coaster Cross, Pivot $1 / 2$ Turn Left, Pivot $1 / 4$ Turn Left
17\&18
19-20
Step left foot back, right beside left, cross left foot over right
Step forward with right, pivot half turn left (weight on left)
21-22 Step forward with right, pivot quarter turn left (weight on left)

## Section 4 Vine Right, Vine Left

23-24 Step right to right side, step left behind right
25-26 Step right to right side, touch left beside right
27-28 Step left to left side, step right behind left
29-30 Step left to left side, touch right beside left

## Section $5 \quad$ Stepping Back With Claps

31-32 Step back with right foot in right diagonal, touch left beside right and clap your hands
33-34 Step back with left foot in left diagonal, touch right beside left and clap your hands
35-36 Step back with right foot in right diagonal, touch left beside right and clap your hands
37-38 Step back with left foot in left diagonal, touch right beside left and clap your hands

## Section 6 Rolling Vine Traveling Forward

39-40 Step forward with right foot, doing a $1 / 2$ turn right step left foot back
41-42 Doing a $1 / 2$ turn right step right forward (you've done a full turn forward), step left beside right
Section 7 Toe Struts Traveling Forward
43-44 Step forward with right toe, drop right heel
45-46 Step forward with left toe, drop left heel
47-48 Step forward with right toe, drop right heel
49-50 Step forward with left toe, drop left heel
REPEAT

