



Approved by:

John Warnars

THEPage

Shame On Me

4 WALL - 32 COUNTS - IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Kick x 2, Back, Cross Tap, Forward Lock Step With Scuff		
1 – 2	Kick right diagonally forward right twice.	Kick Kick	On the spot
3 – 4	Step right back. Tap left toe across right.	Back Tap	Back
5 – 8	Step left forward. Lock right behind left. Step left forward. Scuff right forward.	Step Lock Step Scuff	Forward
Section 2	Step, 3/4 Turn, Hold, Behind, Side, Cross, Hold		
1 – 2	Step right forward. Pivot 1/2 turn left.	Step Half	Turning left
3 – 4	Turn 1/4 left stepping right forward. Hold (weight on right). (3:00)	Quarter Hold	
5 – 6	Cross left behind right. Step right to right side.	Behind Side	Right
7 – 8	Cross left over right. Hold.	Cross Hold	
Section 3	Diagonally Forward, Together, Heel Swivels (x 2)		
1 – 2	Step right diagonally forward right. Step left beside right.	Right Together	Forward
3 – 4	Swivel both heels to right. Swivel heels back to centre.	Swivel Swivel	On the spot
5 – 6	Step left diagonally forward left. Step right beside left.	Left Together	Forward
7 – 8	Swivel both heels to left. Swivel heels back to centre.	Swivel Swivel	On the spot
Section 4	Back Lock Step, Sweep 1/2 Turn, Slow Coaster, Hold		
1 – 2	Step right back. Lock left across right.	Back Lock	Back
3 – 4	Step right back. Turning 1/2 left sweep left from front to back. (9:00)	Back Turn	Turning left
5 – 8	Step left back. Step right beside left. Step left forward. Hold.	Slow Coaster Hold	On the spot

Choreographed by: John Warnars (NL) December 2012

Choreographed to: 'Shame On Me' by Roly Daniels and Dee Reilly (150 bpm) from CD Sweet Memories; download available from iTunes (16 count intro)

