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E-mail: admin@linedancermagazine.com

Shake 'Senora' Shake

48 Count, 4 Wall, Improver Choreographer: Sebastiaan Holtland (NL) Jun 11 Choreographed to: Shake Senora by Pitbull ft T-Pain

32 count intro (15 Sec)

- 1-8 Cross, 1/4 Turn R, Back, Back, Heel, Step, 1/4 Turn L, Back, Back, Point
- 1-2 Cross Rf over Lf, turn 1/4 right (3) step Lf back
- 3-4 Step Rf back, bring L heel forward (toe up) holding weight onto Rf
- 5-6 Step Lf forward, turn 1/4 left (12) step Rf back
- 7-8 Step Lf back, point Rf out to the right (12:00)

9-16 Walks Fwd R-L, Heel, Hold, Merengue Hips 1/4 Turn L, Merengue Hips 1/4 Turn L

- 1-2 Stepping Rf forward, stepping Lf forward (12:00)
- 3-4 Bring R heel forward (toe up), Hold (holding weight onto Lf)
- 5-6 Turn 1/4 left (9) step Rf to right bump R hip to right, bump L hip to left weight onto Lf
- 7-8 Turn 1/4 left (6) step Rf to right bump R hip to right, bump L hip to left weight onto Lf
- **Tag** Here WALL 2 / 4 after 16 count 1st Tag (Facing 9 o'clock) 2nd Tag (Facing 3 o'clock)
- 17-24 Jump Both Feet Apart, Hold, Heel Bounce's 2x, Side Rock / Recover, Sailor Step 1/4 Turn L
- &1-2 Jump both feet apart (&1), Hold (take weight onto both feet) (6:00)
- 3-4 Bounce with both heels twice ending weight onto Lf
- 5-6 Rock Rf to the right, recover on Lf
- 7&8 Step Rf behind Lf, turn 1/4 left (3) step Lf forward, step Rf forward

25-32 Out, Hold, Elvis Rolls, Fwd, Out, Heel Bounces 2x

- 1-2 Step Lf out to the left, Hold (take weight onto both feet) (3:00)
- 3-4 Roll R knee out to right back in place weight onto Rf, Roll L knee out to left back in place weight onto Lf
- 5-6 Step Rf forward, step Lf out to left take weight onto both feet
- 7-8 Bounce with both heels twice ending weight onto Lf (3:00)

33-40 1/2 Pivot L, Full Turn L, Dorothy Steps R-L

- 1-2 Step Rf forward, turn 1/2 left (9) take weight onto Lf
- 3-4 Turn 1/2 left (3) step back on Rf, turn 1/2 left (9) step forward on Lf (Full Turn L)
- 5,68 Step Rf diagonal forward, lock Lf behind Rf, step Rf diagonal forward
- 7,8& Step Lf diagonal forward, lock Rf behind Lf, step Lf diagonal forward (9:00)

41-48 Turn 1/4 L, Hip Sway R / Recover, Ball Step 1/4 Turn L, Step, Heel, Hold, Ball Step, Side

- 1-2 Turn 1/4 left (6) step Rf to the right sway R hip to right, recover on Lf
- &3-4 Step Rf next to Lf on ball, turn 1/4 left (3) step Lf slightly forward, step Rf forward
- 5-6 Bring L heel forward (toe up), Hold (holding weight onto Rf)
- &7-8 Step Lf next to Rf on ball, step Rf slightly forward, step Lf to the left

TAG: Step Fwd, Knee Pop, Step Fwd, Knee Pop

- 1&2 Step forward on Rf, lift heels off floor as you pop both knees forward, drop both heels To floor take weight onto Rf
- 3&4 Step forward on Lf, lift heels off floor as you pop both knees forward, drop both heels To floor take weight onto Rf

Start Again, Enjoy!

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678