

**Shake It Up** 

**BEGINNER** 

32 Count 4 Walls Choreographed by: Barry Amato Choreographed to: Shake, The by Neal McCoy

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1 - 3 4 5 - 6 7 - 8	FULL 3-STEP TURN LEFT (IN PLACE), CLAP, SHAKE RIGHT HIP TWICE, SHAKE LEFT HIP TWICE  Three-step turn to left in place, stepping left-right-left Clap Shake right hip to right twice Shake left hip to left twice
1 2 3 4 5 - 8	CROSS, TOUCH, CROSS, TOUCH (SNAP FINGERS) AND 1/4 TURN, REPEAT ALL Cross right foot over left foot Touch left toe to left side Cross left foot over right foot On ball of left foot, turn 1/4 to left, touching right toe to right side (snap fingers of right hand at shoulder level) Repeat steps 1-4
1 2 3 & 4 5 6 7 & 8	STEP TO RIGHT, CROSS BEHIND, STEP TO RIGHT (WITH SHOULDER ISOLATIONS)  Step right foot to right side and drop right shoulder  Step left foot behind right foot and drop left shoulder  Step right foot to right and drop right shoulder  Drop left shoulder  Drop right shoulder  Step left foot to left side and drop left shoulder  Step right foot behind left foot and drop right shoulder  Step left foot to left and drop left shoulder  Drop right shoulder  Drop left shoulder
1 2 3 4 5 6 7	1/4 TURN LEFT, CLAP, SHAKE HIP TWICE, 1/2 TURN LEFT, CLAP, SHAKE HIP TWICE On ball of left foot, turn 1/4 to left and step right foot beside left foot Clap Shake right hip to right Shake right hip to right On ball of right foot, turn 1/2 to left and step left foot beside right foot Clap Shake right hip to right Shake right hip to right, end with weight on right foot
	REPEAT