STEPPIN'OFF



THEPage



Approved by:

PMAdam

Say Hey Samba

4 WALL – 32 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Rocking Chair, 1/4 Turn Rocking Chair, Forward Shuffle, Step, 1/4 Turn, Cross		
1 & 2 &	Rock left heel forward. Recover onto right. Rock back on left. Recover onto right.	Rocking Chair	On the spot
3 &	Make 1/4 turn left and rock forward on left heel. Recover onto right.	Rock Turn	Turning left
4 &	Rock back on left. Recover onto right.	Back Rock	On the spot
5 & 6	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward
7 & 8	Step right forward. Pivot 1/4 turn left. Cross right over left.	Step Turn Cross	Turning left
Section 2	Samba Basic x 2, Walk x 2, Forward Shuffle		
1 a 2	Step left to left side. Quick rock back on right. Recover onto left.	Left Samba	On the spot
3 a 4	Step right to right side. Quick rock back on left. Recover onto right.	Right Samba	
5 – 6	Walk forward left. Walk forward right.	Walk Walk	Forward
7 & 8	Step left forward. Close right beside left. Step left forward.	Left Shuffle	
Section 3	Step, Pivot 1/2, Step, Mambo Step, Step Lock Full Turn Around		
1 & 2	Step right forward. Pivot 1/2 turn left. Step right forward.	Step Pivot Step	Turning left
3 & 4	Rock forward on left. Rock back on right. Step left back.	Mambo Step	On the spot
Note	The following 4 counts are danced as a full turn right in a circle, stepping:		
5&6&7&8	Step-lock-step-lock-step-lock-step (right, left, right, left, right, left, right).	Step Lock Turn	Turning right
Section 4	Side Rock Cross, Rock 1/4 Step, Step 1/2 Turn Back, Step 1/2 Turn Forward		
1 & 2	Rock left to left side. Recover onto right. Cross left over right.	Side Rock Cross	Right
3 & 4	Rock right to right side. Make 1/4 turn left and recover onto left. Step right forward.	Rock Turn Step	Turning left
Restart	Wall 7: At this point Restart dance from the beginning (ie omit last 4 counts).		
5 & 6	Step left forward. Make 1/2 turn left and step right back. Step left back.	Step Turn Back	
7 & 8	Step right back. Make 1/2 turn left and step left forward. Step right forward.	Back Turn Step	

Choreographed by: Paul McAdam (UK) November 2010

Choreographed to: 'Say Hey (I Love You)' by Michael Franti & Spearhead (94 bpm)

from CD Single; also available as download from amazon.co.uk or iTunes

(16 count intro from start of beat)



A video clip of this dance is available at www.linedancermagazine.com