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# **Bad Day**

32 Count, 2 Wall, Intermediate level Choreographer: Jean and Mervyn Coates (Jan 06) Choreographed To: Bad Day by Daniel Powter

STYLING - This is a smooth, slow and flowing dance. Start after 40 counts.

### Cross And Heel, &, Cross And Heel, & Step 1/2 Turn, Triple Full Turn. (Right Mambo.)

- 1&2 Cross right over left, step left to left side, touch right heel forward.
- &3&4 Step right next to left, cross left over right, step right to right side, touch left heel forward.
- &5-6 Step left next to right, step forward on right, pivot 1/2 turn left.
- 7&8 Step back right turning 1/2 left, step forward left turning 1/2 left, step side right. \*\* (7&8 Rock forward on right, recover on left, step side right).

### Back Rock Side, Back Rock Side, Sailor 1/4 Turn, Triple Full Turn. (Right Shuffle.)

- 1&2 Cross rock left behind right, recover on right, step left to left side.
- 3&4 Cross rock right behind left, recover on left, step right to right side.
- 5&6 Cross step left behind right, make a 1/4 turn left step right to right side, step left to left side.
- 7&8 Step back right turning 1/2 left, step forward left turning 1/2 left, step forward right. (7&8 Step forward right, step left next to right, step forward right).

## Walk, Walk, Mambo Step, Full Turn, (Sway Sway,) Behind & Cross

- 1-2 Walk forward left right
- 3&4 Rock forward on left, recover on right, step back left.
- 5-6 Stepping forward on right turn 1/2 right, stepping back on left turn 1/2 right. (5-6 Sway to right, sway to left)
- 7&8 Cross step right behind left, step left to left side, cross step right over left

#### Step, Sailor 1/4 Turn, Step, Step Slide, Rolling Vine. (Side Cross Side.)

- 1 Step left to left side.
- 2&3 Cross step right behind left, make a 1/4 turn right step left to left side, step right to right side.
- 4 Step left forward. \*
- 5-6 Step right to right side (long step), slide and touch left next to right.
- 7&8 Full turn left, travelling left left, right, left.
  (Step left to left side, cross right over left, step left to left side)
- \* RESTART ON WALL 3 restart from beginning.
- \*\* RESTART ON WALL 6 Add & step on to left foot restart from beginning.

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