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64 Count, 2 Wall, Intermediate Choreographer: Peter Metelnick & Alison Biggs

Run

(May 2009)

Choreographed to: Run (Wayne G Radio Edit) by

Jamie Knight (127 bpm)

Start after 32 count intro on verse vocals

1-8 1-2 3&4 5-6 7&8	R fwd, ½ R & L back, R coaster step, L full turn fwd, L fwd shuffle Step R forward in extended 5th, turning ½ right step L back (6 o'clock) Step R back, step L together, step R forward Step L forward in extended 5th, turning ½ left step R back (and lift L) Turning ½ left step L forward, step R together, step L forward (6 o'clock)
9-16 1-2 &3-4 5-6 Restart:	R 2 step jazz, R ball cross & unwind ½ R, R back rock & recover, R fwd rock & recover Cross step R over L, step L back Step R back, cross step L over R, unwind ½ right ending with weight on L (12 o'clock) Rock R back, recover weight on L During 3rd wall dance this far and then add the following 2 counts and restart the dance: 7-8 Walk fwd R, L, or full turn L over 2 counts Rock R forward, recover weight on L
17-24 &1-2 3&4 5-6 7&8	R ball cross & weave R 2, L sailor, weave L 2, R sailor Step R back, cross step L over R, step R side Cross step L behind R, step R side, step L side Cross step R over L, step L side Cross step R behind L, step L side, step R side
25-32 1-2 3-4 5-6 7&8	L touch behind, unwind ¾ L, R fwd rock & recover, R full turn back, R coaster step Touch L behind, unwind ¾ left with weight ending on L (3 o'clock) Rock R forward, recover weight on L Turning ½ right step R fwd, turning ½ right step L back Step R back, step L together, step R forward
33-40 1 2&3 4-5 6& 7-8	L fwd, R side rock-recover-cross step, L side rock & recover, L behind-side-cross, unwind ½ R Step L forward Rock R side, recover weight on L, cross step R over L Rock L side, recover weight on R Cross step L behind R, step R side Cross step L over R, unwind ½ right with weight ending on R (9 o'clock)
41-48 1 2&3 4-5 6& 7-8	L fwd, R side rock-recover-cross step, L side rock & recover, L behind, ¼ R & R fwd, L & R fwd Step L forward Rock R side, recover weight on L, cross step R over L Rock L side, recover weight on R Cross step L behind R, turning ¼ right step R forward (12 o'clock) Step L forward, step R forward
49-56 1-2& 3-4 5-6& 7-8	L fwd rock & recover, L together, ½ R monterey, L fwd rock & recover, ¼ R monterey Rock L forward, recover weight on R, step L together Point R toes to side, turning ½ right step R together (6 o'clock) Rock L forward, recover weight on R, step L together Point R toes to side, turning ¼ right step R together (9 o'clock)
57-64 1-2 3&4 5-6 7-8	Weave R 2, ¼ L toaster step, L fwd full turn, walk fwd 2 (or another L full turn fwd) Cross step L over R, step R side Turning ¼ left step L back, step R together, step L forward (in extended 5th) (6 o'clock) Turning forward ½ left step R back, turning ½ left step L forward (or simply walk forward R,L) Step R forward, step L forward (or execute a 2nd full forward full turn on 7-8)

Music download available from www.almightyrecords.com

Big ending: On counts 63-64 do a ½ pivot turn L and strike a pose!