

Back-tracking**BEGINNER**

64 Count

Choreographed by: Stephen "Razor Sharp" Sunter

Choreographed to: How Do I Live

(Mr. Mig Remix) by LeAnn Rimes

RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE, BACK RIGHT 1/4 TURN, BACK LEFT, FORWARD RIGHT 1/4 TURN, SIDE LEFT

- 1 & 2 Step right foot behind left, step left foot to left, step right to right
3 & 4 Step left foot behind right, step right foot to right, step left to left
5 - 6 Step back on right foot making 1/4 turn right, step left foot next to right
7 - 8 Step forward on right foot making 1/4 turn right, step left foot to left side
9 - 16 Repeat counts 1-8

STEP RIGHT, LEFT BEHIND, HITCH LEFT, POINT LEFT, HITCH LEFT, LEFT IN FRONT OF RIGHT, TWIST

- 17 - 18 Step right foot to right side, step left behind right
& 19 - 20 Step right foot to right side, hitch left knee, point left toe to left side
21 - 22 Hitch left knee, cross step left in front of right foot
23 - 24 Twist heels right and you upper body left, twist back to center

STEP LEFT, RIGHT BEHIND, HITCH RIGHT, POINT RIGHT, HITCH RIGHT, RIGHT IN FRONT OF LEFT, TWIST

- 25 - 26 Step left foot to left side, step right behind left
& 27 - 28 Step left foot to left side, hitch right knee, point right toe to right side
29 - 30 Hitch right knee, cross step right in front of left foot
31 - 32 Twist heels left and you upper body right, twist back to center

1 1/4 TURN RIGHT, RIGHT SHUFFLE, ROCK FORWARD, ROCK BACK, 1/2 SHUFFLE TURN LEFT

- 33 - 34 Step right pivoting 3/4 turn on the ball of right foot, step left pivoting 1/2 on the ball of left foot

/You should have completed a 1 1/4 turn to the right, traveling to your right

- 35 & 36 Step right forward, slide left next to right, step right forward
37 - 38 Rock forward on left foot, rock weight back onto right foot
39 & 40 Making 1/2 turn left step forward on left foot, slide right next to left, step left forward

FULL TURN, RIGHT SHUFFLE, ROCK BACK, STEP BACK RIGHT, UNWIND 1/2 TURN RIGHT, 1/4 TURN STEP LEFT

- 41 - 42 Step right making 1/2 turn left, step left making 1/2 turn left

/These turns are a forward continuation of 39 & 40. You should have completed a full turn left. You are now facing 1/4 left from your starting position

- 43 & 44 Step right forward, slide left next to right, step right forward
45 - 46 Rock weight back on to left foot, point right foot back
47 - 48 Unwind 1/2 turn right placing weight onto right foot, making 1/4 turn right step left foot to left

RIGHT BEHIND LEFT, CLAP, SIDE STEP LEFT, SIDE STEP RIGHT, REPEAT STARTING WITH LEFT

- 49 - 50 Step right foot behind left, hold and clap
51 - 52 Step left to left side, step right to right side
53 - 54 Step left foot behind right, hold and clap
55 - 56 Step right to right side, step left to left side
57 - 64 Repeat counts 49-56

/On the last 16 counts with each step you should travel backwards slightly.**REPEAT**