Linedancer

Web site: www.linedancermagazine.com

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Roly Poly

64 Count, 2 Wall, Improver
Choreographer: Jeine Kintli Kilisan (Malaysia) Aug 2012
Choreographed to: Roly Poly by T Ara

Start after 64 counts - Sequence: 64 , 64, tag(4), 64, 64 Bridge(32), 64, 32

1 (TAP HEEL TWICE, SAILOR STEP) 2 TIMES
1 – 2 Tap R heel diagonally R twice
3&4 R step behind L, L step L, R step R
5 – 6 Tap L heel diagonally L twice
7&8 L step behind R, R step R, L step L

2 SIDE, TOUCH, SIDE, TOUCH, SIDE, KNEE BOUNCING, KICK
1 – 4 R step R, L touch by R, L step L, R touch by R
5 – 8 R step R, leaning to the R bounce R knee & shimmy shoulders, L kick diag L
1 – 4 L step L, R touch by L, R step R, L touch by R
5 – 8 L step L, leaning to the L bounce L knee & shimmy shoulders, R kick diag R

3 JAZZ BOX POINT, BEHIND, POINT, BEHIND POINT
1 – 4 R step over L, recover on L, R step R, L point L
5 – 8 L step behind R, R point R, R step behind L, L point L

4 WALK FORWARD, ½ TURN, OUT OUT, HEELS, TOES, HEELS
1 – 4 Walk forward L-R-L, turn ½ R (6.00)
5 – 6 L step out, R step out
7&8 Swivel heels in, toes in, heels in

5 FORWARD, ¼ L, BACK, UNWIND ½ R
1 – 2 R step forward, recover on L turning ¼ L (3.00)
3 – 6 Walk back R-L-R-L
7 – 8 R step behind L, unwind ½ R (9.00)

6 WALK BACK, ¼ R TURN, SLIDE
1 – 4 Walk back R-L-R-L
5 – 8 L step forward, slide R to L, ¼ R turn step R, slide L to R (12.00)

7 FORWARD, TURN-SLIDE, TURN, SLIDE, SWAY, KICK
1 – 2 L step forward, slide R to L turning ¼ R
3 – 4 Turning ¼ R step R forward, slide L to R
5 – 8 Sway L-R-L, kick R

BRIDGE:

(FORWARD, TURN-FLICK, SHUFFLE) TWICE
1 – 2 R step forward, turning ½ L flick R back
3&4 Shuffle forward R-L-R
5 – 6 L step forward, turning ½ R flick L back
7&8 Shuffle forward L-R-L

(VINE, FLICK) TWICE
1 – 4 R step over L, L step L, R step behind L, L flick L
5 – 8 L step over R, R step R, L step behind R, R flick R

(CROSS POINT) 4 TIMES
1 – 4 R step over L, L point L, L step over R, R point R
5 – 8 R step BEHIND L, L point L, L step BEHIND R, R point R

SWAY, HOLD, SWAY, HOLD, SWAY
1 – 4 R sway R, hold, L sway L, hold
5 – 8 Sway R-L-R-L

TAG:
1 – 4 R long step R, slide L to R. L long step L, slide R to L