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32 Count, 4 Wall, Improver Choreographer: William Brown (Scotland) October 2008

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Choreographed to: About Life by Julianne Hough, CD;

Julianne Hough (100 bpm)

Intro: 16 counts - on vocals

1:	WALK, WALK, SIDE ROCK CROSS, SIDE, 1/4 TURN, CROSS SHUFFLE
1,2	Step forward Right, step forward Left,
3&4	Rock Right to Right side, recover weight on Left, cross Right over left
5,6	Step Left to Left side, make ¼ turn Right and step Right to Right side [3]
7&8	Cross Left over Right, step Right beside Left, cross Left over Right
2:	SIDE, ¼ TURN, CROSS ROCK SIDE, CROSS, ¼ TURN, ¼ SIDE SHUFFLE
1,2	Step Right to Right side, make ¼ turn Left and step Left to Left side [12]
3&4	Rock Right across Left, recover weight on Left, step Right to Right side
5,6	Cross Left over Right, make 1/4 turn Left and step back on Right
7&8	Make ¼ turn Left and step Left to Left side, step Right beside Left, step Left to Left [6]
3:	CROSS ROCK SIDE, CROSS ROCK 1/4 TURN, EXTENDED LOCK STEP
1&2	Rock Right across Left, recover weight on Left, step Right to Right side
3&4	Rock Left across Right, recover weight on Right, make ¼ turn Left and step forward on Left [9]
5&6&	Step forward on Right, lock Left behind Right, step forward on Right, lock Left behind Right,
7&8	step forward on Right, lock Left behind Right, step forward on Right
** 2nd i	restart here – during wall 8 (facing 12 o'clock) add an '&' count taking weight on Left then begir dance again**
4:	MAMBO, CROSS BACK CROSS, BACK, ½ TURN, STEP ½ PIVOT STEP
1&2	Rock forward on Left, recover weight on Right, step back on Left
3&4	Lock Right across front of Left, step back on Left, Lock Right across front of Left
** 1st r	estart here – during wall 4 (facing 12 o'clock) add an '&' count taking weight on Left then begin
5,6	dance again** Stop book on Loft, make 1/ turn Bight and stop forward on Bight [2]
5,6 7&8	Step back on Left, make ½ turn Right and step forward on Right [3] Step forward on Left, pivot ½ turn Right (take weight on Right), step forward on Left [9]
/ & O	Step forward on Left, pivot ½ turn Right (take weight on Right), step forward on Left [9]
START	AGAINAND SMILE!!!!

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