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Back And Blue

32 Count, 4 Wall, Improver Choreographer: Dougie D. (UK) Sept 2008 Choreographed to: He's Back And I'm Blue by The

Desert Rose Band (96 bpm)

16 Count intro

Fwd rock, side rock on left, syncopated weave right.

- rock fwd on left, recover on right,
- 3-4 rock out to left side, recover on right,
- cross right over left, step left to left side, 5-6
- 7&8 cross left behind right, step right to right side, cross left over right

1/4 turn left x2, cross rock right over left, chasse right.

- step fwd on right, pivot 1/4 turn left,
- 3-4 repeat steps 1-2,
- 5-6 cross rock right over left, recover on left,
- 7&8 chasse right, stepping right, left, right

Cross left over right, 1/4 turn left on left, sweep right out and across left, step left to side, back rock, chasse right.

- cross left over right, sweep right out and around, with 1/4 pivot left on left, 1-2
- 3-4 cross right over left (continuing sweep), step left to left side,
- 5-6 rock back on right, recover on left,
- 7&8 chasse right, stepping right, left, right

Cross left over right, sway back on right, shuffle fwd, cross right over left, sway back on left, shuffle fwd.

- cross left over right, sway back on to right foot, 1-2
- shuffle fwd, stepping left, right, left, 3&4
- cross right over left, sway back on to left foot, 5-6
- 7&8 shuffle fwd, stepping right, left, right,

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678