



Approved by:

sola x

THEPage

## Rabiosa

2 WALL – 64 COUNTS – INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 3 & 4 5 - 6 7 & 8 &	Step, Pivot 1/4, Cross Shuffle, 1/4, Side, Syncopated Rock Steps Step right forward. Pivot 1/4 turn left rolling the hips. (9:00) Cross right over left. Step left to left side. Cross right over left. Turn 1/4 right stepping left back. Step right to right side. (12:00) Cross rock left over right. Recover onto right. Rock left out to left. Recover onto right.	Step Quarter Cross Shuffle Quarter Side Rock & Rock	Turning left Left Turning right On the spot
Section 2 1-2 3 & 4 & 5 6-7 & 8	<b>Cross, Side, Sailor 1/2, Ball Step, Step, Knee Rolls</b> Cross left over right. Step right to right side. Cross left behind right. Turn 1/4 left stepping right to side. Turn 1/4 left stepping left forward. Step ball of right behind left. Step left forward. (6:00) Step right forward. Lift left heel popping left knee forward. Drop left heel straightening leg and lift right heel popping right knee forward. Drop right heel (weight on left).	Cross Side Sailor Half Turn Ball Step Step Knee & Down	Right Turning left Forward On the spot
Section 3 1 - 2 3 & 4 5 & 6 7 8	<b>Step, Lock, Step Lock Step, Kick Ball Step, Swivel 1/4, Swivel 1/4 With Sweep</b> Step right forward. Lock left behind right. Step right forward. Lock left behind right. Step right forward. Kick left forward. Step down on ball of left. Step right forward. Swivel heels right making 1/4 turn left. Swivel heels left making 1/4 turn right while sweeping right round from front to back.	Right Lock Right Lock Right Kick Ball Step Swivel Swivel Swivel	Forward On the spot Turning left Turning right
<b>Section 4</b> 1 & 2 & 3 - 4 5 - 6 7 - 8 <b>Tag/Restart</b>	Sailor Step, Ball Touch Drag, 1/4 Turn, Step, Pivot 1/2, 1/4 Turn Cross right behind left. Step left to left side. Step right to place. Step left beside right. Relax left knee and touch right to side. Drag right towards left. Turn 1/4 right stepping right forward. Step left forward. Pivot 1/2 turn right. Turn 1/4 right stepping left out to left side. (6:00) Wall 5: Dance Tag at this point then Restart dance from the beginning.	Sailor Step & Touch Drag Quarter Step Half Quarter	On the spot Turning right
Section 5 1 - 2 3 & 4 5 - 6 7 & 8	<b>Cross Rock, Chasse, Forward Rock, Triple 1/2 Turn</b> Cross rock right over left. Recover onto left. Step right to right side. Close left beside right. Step right to right side. Rock forward on left. Recover onto right. Triple step 1/2 turn left, stepping - left, right, left. (12:00)	Cross Rock Chasse Rock Forward Triple Half	On the spot Right On the spot Turning left
Section 6 1 - 2 & 3 & 4 5 - 6 & 7 & 8 Restart	<b>Cross Touch, Side Touch, Side Switches (x 2)</b> Touch right over left. Touch right out to right side. Step right beside left. Touch left to left side. Step left beside right. Touch right to side. Touch right over left. Touch right out to right side. Step right beside left. Touch left to left side. Step left beside right. Touch right to side. <b>Wall 2:</b> Restart dance here (facing 6:00).	Touch Touch & Switch & Switch Touch Touch & Switch & Switch	On the spot
Section 7 1 - 2 3 & 4 5 - 6 7 - 8	<b>Cross Rock, Chasse, Forward Rock, Full Turn Back</b> Cross rock right over left. Recover onto left. Step right to right side. Close left beside right. Step right to right side. Rock forward on left. Recover onto right. Turn 1/2 left stepping left forward. Turn 1/2 left stepping right back.	Cross Rock Chasse Rock Forward Full Turn	On the spot Right On the spot Turning left
Section 8 1 - 2 3 & 4 5 - 6 7 - 8	Back Rock, Forward Coaster, 1 & 1/2 Turn Back, Step Rock back on left. Recover onto right. Step left forward. Step right beside left. Step left back. Turn 1/2 right stepping right forward. Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward. Step left forward.	Rock Back Forward Coaster Full Turn Half Step	On the spot Turning right
<b>Tag</b> 1 & 2 & 3 & 4 &	Wall 5: (After 32 counts, facing 12:00) Syncopated Rock Steps then Restart dance Rock forward on right. Recover onto left. Rock back on right. Recover onto left. Rock forward on right. Recover onto left. Rock back on right. Recover onto left.	Rock & Back & Rock & Back &	On the spot

## Choreographed by: Kate Sala (UK) September 2011

**Choreographed to:** 'Rabiosa' by Shakira ft Pitbull, CD Single or from CD Sale El Sol ft El Cata; also available as download from iTunes.com (16 count intro)

**Restart/Tag:** 

One Restart during Wall 2; One Tag followed by Restart during Wall 5



A video clip of this dance is available at www.linedancermagazine.com