



STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Step, Hitch, Touch, Hip Bumps.		
1 - 2	Step forward right. Hitch left knee.	Step. Hitch.	Forward
3	Touch left to left side (with attitude).	Left	Left
4	Bump hips left (taking weight onto left).	Bump	On the spot
5 - 6	Bump hips right. Bump hips left.	Right Left	
7 & 8	Bump hips - Right, Left, Right.	Bump & Bump	
Section 2	Shuffle Left 1/4 Turn, Step 1/2 Pivot, Walks Forward, Touch Forward.		
1 & 2	Step left 1/4 turn left. Close right beside left. Step forward left.	Turn Shuffle	Turning left
3 - 4	Step forward right. Pivot 1/2 turn left.	Step Pivot	
5 - 7	Step forward right. Step forward left Step forward right.	Right Left Right	Forward
8	Pick left up and touch forward, clicking fingers at shoulder height.	Touch	
Section 3	Walk Back, Touch Behind, Touch Side, Together, Side & Cross.		
1 - 3	Step back left. Step back right. Step back left.	Back 2, 3,	Back
4	Touch right behind left (knee bent) clicking fingers at shoulder height.	Touch	On the spot
5 - 6	Touch right to right side. Touch right beside left.	Side Together	
7 & 8	Touch right to right side. Step right beside left. Cross left over right.	Side & Cross	Right
Note:-	Finish with left touch across right, heel raised.		
Section 4	Heel Drops, Heel Bounce 1/4 Turn, Jazz Box 1/4 Turn.		
1 - 2	Drop left heel to floor twice.	Heel Heel	On the spot
3 - 4	Bounce both heels twice, making 1/4 turn right.	Bounce Turn	Turning right
5 - 6	Cross right over left. Step back left.	Cross Back	
7 - 8	Step right 1/4 turn right. Step left forward.	Turn Step	Turning right

4 Wall Line Dance: 32 Counts. Beginner/Intermediate Level.

Choreographed by:- Sho Botham (UK) Nov 2002.

Choreographed to:- 'Up' by Shania Twain (125bpm) from Up album (Red CD).