

Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Skate forward - Right, Left

1&2

3,4

5,6

7&8

## **Promise Me Mambo**

32 Count, 4 Wall, Intermediate, Latin Choreographer: Nancy A Morgan (USA) Aug 2008 Choreographed to: Do You Know (Ping Pong Song) by Enrique Iglesias, CD: Insomniac (102 bpm)

Intro: 32 RIGHT SIDE MAMBO, LEFT SIDE MAMBO, 2 SHUFFLES FORWARD 1&2 Rock/Step Right out to Right side, return weight to Left, step Right next to Left 3&4 Rock/Step Left out to Left side, return weight to Right, step Left next to Right 5&6 Shuffle Forward - Right, Left, Right Shuffle Forward - Left, Right, Left 7&8 1/2 TURN PIVOT, STEP, 1/2 TURN, 1/4 TURN, CROSS, SIDE MAMBO WITH CROSS STEP, LEG LIFT, STEP Step forward on Right, pivot ½ turn to Left, step forward on Right 1&2 3&4 Step Left back ½ turn to Right, Step Right to Right side ¼ turn to Right, cross Left over Right 5&6 Rock/Step Right out to Right side, return weight to Left, cross Right over Left Bring Left Knee up so that Left foot is at Right knee level, 7 you will also bend slightly at waist so that your butt sticks out slightly and back 8 Step Left in front and forward of Right LOCK STEP BACK, COASTER STEP, SHUFFLE FORWARD, TOUCH, STEP 1/4 TURN RIGHT Step back on Right, step Left across Right, step back on Right 1&2 3&4 Step back on Left, step back on Right, step forward on Left 5&6 Shuffle forward - Right, Left, Right 7.8 Touch Left toes out to Left side as you turn 1/4 turn to Right, step forward on Left MAMBO

FORWARD, TOUCH BACK, TURN 1/4 LEFT, SKATE, SKATE, BACK MAMBO, TOUCH

Rock/Step forward on Right, return weight to Left, step back on Right

Rock/Step back on Right, return weight to Left, touch Right next to Left

Touch Left Toes back, pivot 1/4 turn to Left (weight ends on Left)

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678