



Approved by:

Craig Bennett & Kate Sala x

Pride In Me

2 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 & 4 5 – 6 7 & 8	Walk x 2, Mambo Step, Back x 2, Sailor 1/4 Turn Cross Walk forward right. Walk forward left. Rock forward on right. Rock back on left. Step right back. Walk back left. Walk back right. Cross left behind right. Turn 1/4 left stepping right to side. Cross left over right.	Right Left Mambo Step Back Back Sailor Turn Cross	Forward On the spot Back Turning left
Section 2 1 – 2 3 & 4 5 – 6 7 & 8	Side Rock, Sailor 3/4 Turn, Step Pivot 1/2 Turn, Heel Switches Rock right out to right side. Recover onto left. Cross right behind left turning 1/4 right. Turn 1/4 right stepping left to place. Turn 1/4 right stepping right forward. (6:00) Step left forward. Pivot 1/2 turn right. (12:00) Dig left heel forward. Step left beside right. Dig right heel forward.	Side Rock Sailor Three Quarter Step Pivot Heel & Heel	On the spot Turning right On the spot
Section 3 & 1 2 & 3 4 & 5 – 6 7 & 8	Ball Cross, Side Switches, Kick & Forward Rock, Coaster Step Step down on ball of right. Cross left over right. Point right out to right side. Step right beside left. Point left out to left side. Kick left forward. Step down on left. Rock forward on right. Recover onto left. Step right back. Step left beside right. Step right forward.	Ball Cross Point & Point Kick & Rock Forward Coaster Step	Right On the spot
Section 4 1 – 2 3 4 5 & 6 7 & 8	Step, Swivel 1/2 Turn, Swivel 1/2 Turn, 1/4 Turn, Sailor Step x 2 Step left forward. Swivel heels left making 1/2 turn right. Swivel heels right making 1/2 turn left (weight on left). Turn 1/4 left stepping right to right side. (9:00) Cross left behind right. Step right small step to right. Step left to place. Cross right behind left. Step left small step to left. Step right to place.	Step Swivel Swivel Quarter Left Sailor Right Sailor	Turning right Turning left On the spot
Section 5 1 & 2 & 3 – 4 Restart 5 – 6 7 & 8	Hold, & Chasse Right, Together, Cross, 1/2 Turn, Chasse Right Hold for one count. Step left beside right. Step right to side. Close left beside right. Step right to side. Step left beside right. Wall 2: Restart the dance here (facing 3:00) - dance starts now on side walls. Cross right over left. Turn 1/4 right stepping left back. Turn 1/4 right stepping right to side. Close left beside right. Step right to side. (3:00)	Hold & Chasse Right Together Cross Quarter Quarter Chasse	On the spot Right Turning right
Section 6 1 & 2 3 & 4 5 – 6 & 7 8	Cross Rock, Side, Drag, Ball Cross, 1/4 Turn, Back, 1/4 Turn, Touch, 1/4 Turn Cross rock left over right. Recover onto right. Step left long step to left side. Drag right in towards left. Step down on ball of right. Cross left over right. Turn 1/4 left stepping right back. Step left back. (12:00) Turn 1/4 right stepping right in place. Touch left toe out to left side. (3:00) Turn 1/4 left stepping left forward. (12:00)	Cross Rock Side Drag & Cross Quarter Back & Touch Quarter	Left Right Turning left Turning right Turning left
Section 7 1 – 2 3 & 4 5 & 6 7 – 8	Step Pivot 1/2, Cross Mambo Step x 2, cross, Unwind 1/2 Turn Step right forward. Pivot 1/2 turn left. (6:00) Cross rock right over left. Rock back onto left. Step right to right side. Cross rock left behind right. Rock back onto right. Step left to left side. Cross right over left. Unwind 1/2 turn left. (12:00)	Step Pivot Cross Mambo Cross Mambo Cross Unwind	Turning left On the spot Turning left
Section 8 1 – 2 3 & 4 5 – 6 7 & 8	Step, 1/2 Turn, Coaster Step, Step, 1/2 Turn, Shuffle 1/2 Turn Step right forward. Turn 1/2 right stepping left back. (6:00) Step right back. Step left beside right. Step right forward. Step left forward. Turn 1/2 left stepping right back. Shuffle step 1/2 turn left, stepping - left, right, left. (6:00)	Step Half Coaster Step Step Half Shuffle Half	Turning right On the spot Turning left

Choreographed by: Kate Sala and Craig Bennett (UK) June 2013

Choreographed to: 'Pride' by Leanne Mitchell from CD Leanne Mitchell (Deluxe); download available from amazon or iTunes (16 count intro)

Restart: One Restart during Wall 2: this changes the dance start to side walls



A video clip of this dance is available at www.linedancermagazine.com