

Poison

32 count, 2 wall, beginner/intermediate level
Choreographer: Rep Ghazali (Scotland) March 2006
Choreographed to: Poison by BR549, Album: Dog
Days (124bpm)

Walk forward x 2. Forward mambo. Walk back x 2. Back mambo

- 1 – 2 Walk forward Right. Left
- 3&4 Rock forward on Right. Recover onto Left. Step back on Right
- 5 – 6 Walk back Left. Right
- 7&8 Rock back on Left. Recover onto Right. Step forward on Left

Forward rock. Triple half turn Right x 2. Coaster step

- 1 – 2 Rock forward on Right. Recover onto Left
- 3&4 Triple half turn Right stepping Right. Left. Right
- 5&6 Triple half turn Right stepping Left. Right. Left (*Facing 12 o'clock*)
- 7&8 Step back on Right. Step Left beside Right. Step forward on Right

Quarter turn Left. Side. Quarter turn Left chasse. Half turn Left. Quarter turn Left. Right chasse

- 1 – 2 Quarter turn Left stepping forward on Left. Step Right to Right side
- 3&4 Quarter turn Left stepping Left to Left. Step Right beside Left. Step Left to Left
- 5 – 6 Quarter turn Left stepping Right to Right. Quarter turn Left stepping Left to Left
- 7&8 Quarter turn Left stepping Right to Right side. Step Left beside Right. Step Right to Right
(*Facing 9 o'clock*)

Cross. Quarter turn Left. Shuffle back. Back rock. Full turn Left (travelling forward)

- 1 – 2 Cross Left over Right. Quarter turn Left stepping back on Right (*Facing 6 o'clock*)
- 3&4 Step back on Left. Step Right beside Left. Step back on Left
- 5 – 6 Rock back on Right. Recover onto Left
- 7 – 8 Half turn Left stepping back on Right. Half turn Left stepping forward on Left (*Facing 6 o'clock*)
Easier option for steps 7 – 8 – Walk forward Right. Left