

Outta m'Mind

48 count, 4 wall, Intermediate level

Choreographer : William Sevone (Aus) July 1999

Choreographed to : Tryin' To Forget You by
Candy Kane & Earl Thomas, Swango 134
bpm); She Loves Me, She Loves Me Mot by
Emilio (124 bpm);Kentucky Wildcat by Kentucky
Headhunters (133 bpm)

4x Rock-Recover.

- 1 - 2 Rock forward onto right foot. Recover onto left foot.
- 3 - 4 Rock backward onto right foot. Recover onto left foot.
- 5 - 6 Rock forward onto right foot. Recover onto left foot.
- 7 - 8 Rock back onto right foot. Recover onto left foot.

Fwd Shuffle. Heel Switch. 2x Sailor Shuffle's.

- 9& 10 Step forward onto right foot, step left foot next to right, step forward onto right foot.
- 11& 12 Touch left heel diagonally forward, step right foot back to centre, touch right heel diagonally forward.
- 13& 14 Step right foot behind left, step left foot to side, step right foot to side.
- 15& 16 Step left foot behind right, step right foot to side, step left foot to side.

1 3/4 Turns Right. Heel Switch. Step Behind. 1/4 Left. Step Fwd.

- 17 (Moving left) step right foot behind left & turn 3/4 right on ball of right foot (stepping fwd onto left
- 18 Turn full turn right on ball of left foot - stepping forward onto right foot.
- 19& 20 Touch left heel diagonally forward left , step right foot back to centre, touch right heel diagonally forward right.
- 21 - 22 Step right foot behind left. Turn 1/4 left & step forward onto left foot.

Fwd Shuffle. 4x Rock-Recover.

- 23& 24 Step forward onto right foot, step left foot next to right, step forward onto right foot.
- 25 - 26 Rock forward onto left foot. Recover onto right foot.
- 27 - 28 Rock backward onto left foot. Recover onto right foot.
- 29 - 30 Rock forward onto left foot. Recover onto right foot.
- 31 - 32 Rock backward onto left foot. Recover onto right foot.

Touch Behind. 3/4 Left. Right Chasse. Bwd Rock. Recover.

- 33 - 34 Touch left toe behind left. Turn 1/2 left on ball of right foot & step forward onto left.
- 35& 36 Turn 1/4 left on left foot & step right foot to side, step left foot next to right, step right foot to side
- 37 - 38 Rock backward onto left foot. Recover onto right foot.

Left Chasse. Bwd Rock. Recover. Heel Switch. Step. Shuffle Fwd. Step Fwd.

- 39& 40 Step left foot to side, step right foot next to left, step left foot to side.
- 41 - 42 Rock backward onto right foot. Recover onto left foot.
- 43& 44 Touch right heel diagonally forward right, step right foot back to centre, touch left heel diagonally forward left.
- 45 Step left foot back to centre.
- 46& 47 Step forward onto right foot, step left foot next to right, step forward onto right foot.
- 48 Step forward onto left foot.