

One Word

Web site: www.linedancermagazine.com

64 count, 2 wall, intermediate/advanced level Choreographer: Alan G. Birchall (UK) June 2005 Choreographed to: One Word (Album Version) by Kelly Osbourne, CD: Sleeping In The Nothing Or Cd Single (115bpm)

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Start: On Vocals Count: 32 Seconds: Album: 53 Single: 19

TOUCHES, 1/2 MONTEREY, CROSS, HEEL JACK, STEP, CROSS, HEEL SPLITS

- **1&2** Touch Right Toe To Right, Step Right By Left, Touch Left Toe To Left
- &3-4 Making ½ Turn Left Step Left By Right, Touch Right To Right (6 '0' Clock)
- **&5** Step Down On Right, Cross Left Over Right (You Will Have Moved To Right Slightly)
- **&6** Step Right To Right, Extend Left Heel
- **&7** Step Left By Right, Cross Right Over Left
- **&8** Split Both Heels Out, In

STEP, TOUCH, STEP, SCUFF HITCH, TURN, STEP, STEP, HIP BUMPS

9-10 Step Back On Right, Touch Left Toe Back

11-12Step Forward On Left, Scuff Hitch Right By Left Making ½ Turn Left (12 '0' Clock) 13-14Step Back On Right, Step Back On Left

15-16Bumps Hip Back Twice (Weight Ends On Left)

STEP, TOUCHES x 3, FLICK TURN, SAILOR STEP, BEHIND, 1/4 TURN, STEP

Note: On Steps &1 - &3 you will be travelling backwards slightly
&17 Step Back On Right, Touch Left Toe Forward, Clicking Fingers
&18 Step Back On Left, Touch Right Toe Forward, Clicking Fingers
&19 Step Back On Right, Touch Left Toe Forward, Clicking Fingers *Alternative: Mash Potatoes backwards or whatever your comfy with!!!*&20 Make ½ Turn Right Flicking Left Heel Back, Step Forward On Left (6 '0' Clock)

Alternative: Mash Potatoes backwards or whatever your comfy with!!!
&20 Make ½ Turn Right Flicking Left Heel Back, Step Forward On Left (6 '0' Clock)
21&22Cross Right Behind Left, Step Left By Right, Step Right To Right
23&24Cross Left Behind Right, Step Right To Right Making ¼ Turn Right, Step Forward On Left (9 '0' Clock)

½ PIVOT, ¼ TURN, CROSS TOUCH, ¼ TURN, ½ TURN, STEP, ½ PIVOT, STEP
25-26½ Pivot Right, Making ¼ Turn Right Step Left To Left (6 '0' Clock)
27-28Cross Touch Right Behind Left, Step Right To Right Making ¼ Turn Left (3 '0' Clock)
29-30Making ½ Turn Left Step Forward On Right (9 '0' Clock)

31-321/2 Pivot Left, Step Forward On Right (3 '0' Clock)

SIDE SHUFFLE, ROCK, RECOVER x2

33&34Step Left To Left, Right By Left, Step Left To Left
35-36Cross Rock Right Behind Left, Recover On Left
37&38Step Right To Right, Step Left By Right, Step Right To Right
39-40Cross Rock Left Behind Right, Recover On Right
Note: To Finish facing the front wall Dance replace count 39-42 with 39-Cross Left Behind Right 40-Unwind ¾ Turn Left (Backwards) to Face Front Wall 41-42 Walk Forward Right, Left

STEP, HOLD, STEP, CROSS, STEP, SAILOR STEP, TOUCH, STEP

41-42Step Left To Left, Hold **&43-44** Step Right By Left, Cross Left Over Right, Step Right To Right **45&46**Cross Left Behind Right, Step Right By Left, Step Left In Place **47-48**Cross Touch Right Behind Left, Step Right To Right

SAILOR STEP, TOUCH'S, 1/2 TURN, SHUFFLE

49&50Cross Left Behind Right, Step Right By Left, Step Left In Place
51-52Cross Touch Right Behind Left, Touch Right To Right
53-54Touch Right Over Left, Making ½ Turn Right Step Forward On Right (9 '0' Clock)
55&56Step Forward On Left, Step Right By Left, Step Forward on Left

CROSS, 1/4 TURN, STEP, TOUCH, STEP, 1/2 TURN, STEP TOUCH

57-58Cross Right Over Left, Making ¼ Turn Right Step Back on Left (12 '0' Clock)
59-60Step Back On Right, Touch Left Toe Back
61-62Step Forward On Left, Making ½ Turn Left Step Back On Right (6 '0' Clock)
63-64Step Back On Left, Touch Right Toe Back

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