

# **One Touch**

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64 count, 2 wall, intermediate level Choreographer: Robbie McGowan Hickie (UK) Jan 2007 Choreographed to: One Touch by 365, CD Single (100 bpm)

24 count intro

# Right Side Rock & Cross. 2 x 1/4 Turns Right. Cross. Diagonal Step. Touch. Side. Kick. Behind & Cross

- 1&2 Rock Right to Right side. Recover weight on Left. Cross step Right over Left.
- 3& Turn 1/4 turn Right stepping back on Left. Turn 1/4 turn Right stepping Right to Right side.
- 4 Cross step Left over Right. (6 o'clock)
- 5& Step Right diagonally forward Right. Touch Left toe beside Right popping both knees forward.
- 6 Long step Left to Left side and slightly Back Pushing Hips Left.
- & Flick/Kick Right diagonally forward Right.
- 7&8 Sweep Right out and around to cross Right behind Left. Step Left to Left side. Cross Right over Left.

## Left Side Rock & Cross. 2 x 1/4 Turns Left. Cross. Diagonal Step. Touch. Side. Kick. Behind & Cross.

- 1&2 Rock Left to Left side. Recover weight on Right. Cross step Left over Right.
- 3& Turn 1/4 turn Left stepping back on Right. Turn 1/4 turn Left stepping Left to Left side.
- 4 Cross step Right over Left. (12 o'clock)
- 5& Step Left diagonally forward Left. Touch Right toe beside Left popping both knees forward.
- 6 Long step Right to Right side and slightly Back Pushing Hips Right.
- & Flick/Kick Left diagonally forward Left.
- 7&8 Sweep Left out and around to cross Left behind Right. Step Right to Right side. Cross Left over Right.

### Side Rock & Cross (Right & Left – Travelling Forward). Forward Rock. Back-Lock-Back. 1/4 Turn Left.

- 1&2 Rock Right to Right side. Recover weight on Left. Cross step Right forward over Left.
- 3&4 Rock Left to Left side. Recover weight on Right. Cross step Left forward over Right.
- 5& Rock forward on Right. Rock back on Left.
- 6&7 Step back on Right. Lock step Left across Right. Step back on Right.
- 8 Turn 1/4 turn Left stepping Left Long step to Left side. (9 o'clock)

# Right Cross Shuffle. Side Rock & Behind. Side. 2 x Walks Forward. Left Mambo Forward.

- 1&2 Cross step Right over Left. Step Left to Left side. Cross step Right over Left.
- 3&4& Rock Left to Left side. Recover weight on Right. Cross Left behind Right. Step Right to Right side.
- 5-6 Walk forward on Left. Walk forward on Right.
- 7&8 Rock forward on Left. Rock back on Right. Step back on Left. \*\*\*Ending...See Note Below\*\*\*

### Right Lock Step Back. Left Coaster Step. Step. Pivot 1/2 Turn Left. Step. Step Forward. Drag.

- 1&2 Step back on Right. Lock step Left across Right. Step back on Right.
- 3&4 Step back on Left. Step Right beside Left. Step forward on Left.
- 5&6 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right.
- 7-8 Long step forward on Left. Slide/Drag Right toe beside Left ending with a touch. (3 o'clock)

### Monterey 1/2 Turn Right. Left Side Rock & Cross. Monterey 1/2 Turn Right. Side Rock 1/4 Turn Right.

- 1-2 Point Right toe out to Right side. Turn 1/2 turn Right stepping Right beside Left.
- 3&4 Rock Left to Left side. Recover weight on Right. Cross step Left over Right.
- 5-6 Point Right toe out to Right side. Turn 1/2 turn Right stepping Right beside Left. (3 o'clock)
- 7&8 Rock Left to Left side. Recover weight on Right turning 1/4 turn Right. Step forward on Left(6 o'clock)

# Full Turn Left (Travelling Forward). Diagonal Rock Steps. Heel Bounces 1/2 Turn Left. Left Sailor Step.

- 1-2 Turn 1/2 turn Left stepping back on Right. Turn 1/2 turn Left stepping forward on Left.
- 3& Rock Right diagonally forward Right. Rock back on Left. (Use Hips)
- 4& Rock Right diagonally back Right. Recover weight on Left. (Use Hips)
- 5&6 Step forward on Right. Bounce both heels turning 1/4 turn Left x 2. (Completing 1/2 turn Left)
- 7&8 Sweep/Cross Left behind Right. Step Right to Right side. Long step Left to Left side. (12 o'clock)

# Cross Samba (Right & Left). Syncopated Weave Left. Cross. Unwind 1/2 Turn Left.

- 1&2 Cross step Right over Left. Step Left to Left side. Step Right in place. (Right Twinkle)
- 3&4 Cross step Left over Right. Step Right to Right side. Step Left in place. (Left Twinkle)
- 5&6& Cross step Right over Left. Step Left to Left side. Cross Right behind Left. Step Left to Left side
- 7 8 Cross Right over Left. Unwind 1/2 turn Left bending knees & dip down. (Weight on Left) (6 o'clock)
- Ending: When using 3min 10sec version Music ends on Count 32 of Wall 5...to End Facing 12 o'clock Make 1/4 turn Right, stepping Right Long step to Right side and Hold!!!!!

Music download available from iTunes (2mins 54secs) - also from <u>www.woolworths.co.uk</u> (3mins 10secs)