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One Shot

48 Count, 2 Wall, Advanced Choreographer: Dom Yates (UK) July 2013 Choreographed to: We Own It by 2 Chainz & Wiz Khalifa,

CD: Fast & Furious 6 Soundtrack (iTunes)

16 Count Intro

| 1-8 1,2 3 4&5 6,7 8&1 | Out Out (With Prep), Sweep ½ Turn, Samba, Cross ¼ Turn, Coaster Step Step right out to side, step left out to side (angling body to left ready to turn) Make ½ turn to right stepping onto right and sweeping left around Cross left over right, rock right to side, recover onto left Cross right over left, make ¼ turn right stepping back on left Step back on right, step left next to right, step forward on right |
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| 9-16 2&3& 4,5,6 7&8 & | Kick Cross Back Rock, Spiral Full Turn, Mambo Step, ¼ Turn Left Kick left forward, cross left over right, rock back on right, recover onto left Step forward on right, spiral full turn to left, step forward on left Easy Option: Step forward on right, touch left next to right, step forward on left Rock forward on right, recover onto left, step back on right Make ¼ turn to left stepping left to side |
| 17-24 1,2 3& 4&: 5,6 7& 8&1 | 2x Walks, Mambo Step, Back ½, 2x Walks, ¼ Out Out, Shoulder Rocks, ¼ Turn Roll Walk right, left Rock forward on right, recover onto left Step back on right, make ½ turn left stepping forward on left Walk forward right, left Make ¼ turn left stepping right out to side, step left out to side Rock shoulders to left, rock shoulders to right, roll upper body to left making ¼ turn left |
| 25-32 2 3&4 &5 6&7 8&1 *Restar | Step, Mambo, Out Out, Knee Pop, Hitch, Sailor Step Step forward on right Rock forward on left, recover onto right, step back on left Step right out to side, step left out to side Pop right knee in to left, pop right knee out to right, hitch right (angled to right) Cross right behind left, step left in place, step right to side Here Wall 3* (last step of Sailor becomes first step of dance) |
| 33-40 2,3 4&5 6,7 8 | Hitch, Side, Sailor ¼ Turn Left, Touch Back, ½ Turn, Side Hitch left across right, step left to side Cross right behind left, make ¼ turn left stepping onto left, step right to side Touch left toe back, pivot ½ turn to left stepping onto left Step right to side, |
| 41-48 1 & 2 & 3 | Tuts with ¼ Turn Bring both hands to chest height palms together (like praying) Raise hands to head height bringing elbows together (like begging) Bend both wrists 90° to right, palms still together (parallel to floor) Keeping arms in same position, move to shoulder width apart (hands now separate) Flip right wrist over 180°, palm facing floor (both hands should be pointing towards each other, still slightly separate) |
| & | Lift left elbow to parallel with floor, keeping bend in left wrist (so left hand is now palm towards right, pointing at floor) |
| 4 & 5 | Bring left arm to right (left wrist locking into right wrist, right hand lying flat on left forearm) Slide left hand down right arm to right elbow Straighten left hand, causing right arm to drop on top of left, straightening right hand (Both arms parallel to floor, right lying on top of left) |
| & 6 | Rotate left wrist 90° upwards (hand pointing to ceiling), pivot right wrist 90° downwards so right hand is pointed toward floor (arms end up in a box shape) Move arms apart so hands come together in middle (right palm against left back of hand) |
| & 7,8 | Rotate right hand over left, so right palm is facing to left, causing left to bunch to fist Make anti-clockwise circle with hands, causing body to rotate ¼ turn to left (imagine you are mixing in a big pot) |