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One Pound Fish Dance

32 Count, 4 Wall, Improver
Choreographer: Robin Fowler (Wales) Jan 2013
Choreographed to: One Pound Fish by Shahid Nazir (Radio Mix)

Intro 32 Beats

WALK, WALK, KICK BALL CHANGE, PIVOT 1/2 TWICE

1 2 Walk R. walk L
3&4 Kick R. close R to L, close L to R
5 6 Step on R, 1/2 turn L
7 8 Step on R, 1/2 turn L

WALK, WALK, KICK BALL CHANGE, PIVOT 1/2 TWICE

1 2 Walk R. walk L
3&4 Kick R. close R to L, close L to R
5 6 Step on R, 1/2 turn L
7 8 Step on R, 1/2 turn L

CHASSE ROCK, CHASSE, ROCK

1&2 Chasse R.
3 4 Back Rock
5&6 Chasse L.
7 8 Back Rock

CHASSE 1/4, PIVOT 1/2, WALK, WALK, TRIPLE

1&2 Chasse turn 1/4 R
3 4 Step on L, 1/2 turn R
5 6 Walk L Walk R
7&8 L Triple forward

Use your hands in 6 pound 5 pound 1 pound fish holding up 6 fingers 5 fingers 1 finger