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One Moment In Time

32 Count, 2 Wall, Improver

Choreographer: Thomas C. Tam (Can) June 2012

Choreographed to: One Moment In Time by Whitney Houston,

CD: The Ultimate Collection

Intro: 16 counts

S1: FORWARD, BACK, BACK, BACK MAMBO, 1/4 RIGHT, CROSS, 1/4 LEFT, 1/4 LEFT, CROSS

1-3 Step R forward, step back L, R

4&5 Rock L back, recover on R, step L forward

6-7 Turn 1/4 right with weight on R, cross L over R [3:00]

8&1 Turn 1/4 left stepping R back, turn 1/4 left stepping L to left side, cross R over L [9:00]

S2: SIDE, TOUCH, RIGHT ROLLING VINE, BACK, RECOVER, 1/2 LEFT, RIGHT VINE

2-3 L large step to left dragging R, touch R next to L

4&5 Turn 1/4 right stepping R forward, turn 1/2 right stepping L back, turn 1/4 right stepping R to right

6&7 Rock L behind R, recover on R, turn 1/2 left crossing L over R [3:00]

&8&1 Step R to right, cross L behind R, step R to right, cross L over R

S3: RECOVER, SIDE, CROSS, RECOVER, 1/4 RIGHT, CHASE 1/2 RIGHT, 1/2 LEFT, BACK, TOUCH

2-3 Recover on R, step L to left

4&5 Cross R over L, recover on L, turn 1/4 right stepping R forward [6:00]

6&7 Step L forward, turn 1/2 right with weight on R, step L forward [12:00]

8&1 Turn 1/2 left stepping R back, step L back, touch R in front of L [6:00]

RESTART: At Wall 8, add Count 2, hook R over L, then restart

S4: ROCK, RECOVER, COASTER STEP, CROSS, SPIRAL FULL TURN RIGHT, FORWARD, LOCK

2-3 Rock R forward, recover on

4&5 Step R back, step L next to R, step R forward

6-7 Cross L over R, full turn right transferring weight to L

8& Step R forward, lock L behind R

TAG: 6-count tag after Wall 4 [12:00]

CHASSE 1/2 LEFT, CHASE 1/2 RIGHT

1-3 Step R forward, turn 1/2 left with weight on L, step R forward

4-6 Step L forward, turn 1/2 right with weight on R, step L forward