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## One Day At A Time

64 count, 4 wall, intermediate level Choreographer: Alan G. Birchall (UK) Nov 2006 Choreographed to: One Day At A Time by The Eagles; Minimal by Pet Shop Boys; How Bizzare by Omc; Walk Away by Eagles; Building Bridges by

Brooks & Dunn

## Start: On Vocals Count: 56Seconds:

	BOX CROSS, ½ TURN, CROSS SHUFFLE
1-2	Cross Left Over Right, Step Back On Right
3-4	Step Left Toe Left, Cross Right Over Left
5-6 78.8	Making ¼ Turn Right Step Back On Left, Making ¼ Turn Right Step Right To Right
7&8	Cross Left Over Right, Step Right To Right, Cross Left Over Right
ROCK RECOVER, RIGHT SAILOR STEP, CROSS UNWIND, STEP ½ PIVOT	
9-10	Rock Right To Right, Recover On Left
11&12	Cross Right Behind Left, Step Left To Left, Step Right In Place
13-14	Cross Left Behind Right, Unwind ¾ Turn Right (3'O' Clock)
15-16	Step Forward On Right, ½ Pivot Left (9 '0' Clock)
'DOROTHY STEPS', ROCK, RECOVER ¼ TURN	
17-18	Step Forward On Right to Right Diagonal, Lock Left Behind Right
&	Step Forward On Right
19-20	Step Forward On Left To Left Diagonal, Lock Right Behind
&	Step Forward On Left To Left Diagonal
21-22	Rock Forward On Right, Recover On Left Making 1/4 Turn Right (6 '0' Clock)
SIDE SHUFFLE, CROSS, POINT, CROSS POINT, CROSS UNWIND, FORWARD SHUFFLE	
23&24	Step Right To Right, Step Left By Right, Step Right To Right
25-26	Cross Left Over Right, Point To Right
27-28	Cross Right Over Left, Point Left To Left
29-30	Cross Left Over Right, Unwind ½ Turn Right (12 '0'Clock)
31&32	Step Forward On Right, Step Left By Right, Step Forward On Right
ROCK, RECOVER, WALK BACK, TOUCH, SHUFFLE	
33-34	Rock Forward On Left, Recover On Right
35-36	Step Back On Left, Step Back On Right
37-38	Step Back On Left, Tap Right In Front Of Left (Bowing Head At Same Time)
39-40	Step Forward On Right, Step Left By Right, Step Forward On Right
FULL TURN, SHUFFLE, 1/4 MONTEREY TURN, TOUCH, CROSS	
41-42	Make ½ Turn Right Stepping Back On Left,
	Make ½ Turn Right Stepping Forward On Right
43&44	Step Forward On Left, Step Right By Left, Step Forward On Left
45-46 47-48	Touch Right To Right, Making ¼ Turn Right Step Right By Left (3 '0' Clock) Touch Left To Left, Cross Left Over Right
47-48	Touch Left To Left, Cross Left Over Right
SIDE SHUFFLE, CROSS ROCK, RECOVER, DIAGONAL BACK SHUFFLE	
49&50	Step Right To Right, Step Left By Right, Step Right To Right
51-52	Cross Rock Left Over Right, Recover On Right
53&54	Step Diagonally Back On Left, Step Right By Left, Step Diagonally Back On Left
55-56	Cross Right Behind Left, Unwind ½ Turn Right (9 '0' Clock)
CROSS ROCK, RECOVER, FULL TRIPLE TURN LEFT, CROSS ROCK, RECOVER, FULL	
TRIPLE TUR	
57-58	Cross Rock Left Over Right, Recover On Right
59&60	Making ½ Left Step Forward On Left, Making ½ Turn Right Step Back On Right,
61-62	Making ¼ Turn Right Step Left To Left (Alternative Side Shuffle) Cross Rock Right Over Left, Recover On Left
63&64	Making ¼ Turn Right Step Forward On Right, Making ½ Turn Right Step Back On
JUGU-7	Left, Making ¼ Turn Right Step Right To Right (Alternative Side Shuffle)
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