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On The Floor

40 count, 4 wall, beginner level Choreographer: William Sevone (June 2004) Choreographed to: Out On The Floor by Dobie Gray (148 bpm)

Choreographers note: 'Out on the floor' is a song that has become as perennial as the grass and can be found on some of the unlikeliest compilations - such is the popularity of this song.

Though the music is awkwardly phrased, the Forty count format allows for a smooth flow, which can be enjoyed by established Beginners and above within the new levels.

There is also a varied array of alternate music - to suit nearly every taste.

None of the alternates are phrased at forty counts - but just like the real good old day's... whats phrasing?.

This dance has been specially commissioned for the 'Soul Liners' dance clubs.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on the vocals with feet together and weight on the left foot.

Fwd Pushstep. 3x Bwd Toe Struts (12:00)

1 - 2	Push right foot forward. Step onto left foot.
3 - 4	Step backward onto right toe. Drop right heel to floor.
5 - 6	Step backward onto left toe. Drop left heel to floor.
7 - 8	Step backward onto right toe. Drop right heel to floor.

Bwd Pushstep, 3x Fwd Toe Struts (12:00)

9 - 10	Push left foot backward. Step onto right foot.
11 - 12	Step forward onto left toe. Drop left heel to floor.
13 - 14	Step forward onto right toe. drop right heel to floor.
15 - 16	Step forward onto left toe. Drop left heel to floor.

Cross Touch. Turning Kick and Side Step. Weave. Diagonal Turn with Toe Touch (3:00)

17	Cross touch right toe over left foot.
18	Start to turn right whilst flick kicking right foot forward.
19	Complete 1/4 turn right by stepping right foot to right side.
20 - 21	Cross step left foot over right. Step right foot to right side.
22 - 23	Cross step left foot behind right. Step right foot to right side.
24	Turn diagonally right-touching left toe next to right foot (bending knees slightly).

2x Side Step-Diagonal Turn with Toe Touch. Side Step 1/4 Left Step Fwd. Walk Fwd: L-R (12:00)

25	Step left foot to left side (short step).	

Turn diagonally left-touching right toe next to left foot (bending knees slightly).

27 Step right foot to right side (short step).

28 Turn diagonally right-touching left toe next to right foot (bending knees slightly).

Style note: Finger clicks are optional on counts 24,26 and 28.

29 - 30 Step left foot to left side. Turn 1/4 left & step forward onto right foot.

31 - 32 Walk forward (short steps): Left-Right.

Weave. Side Step. Diagonal Turn with Heel Touch. Together. 1/4 Left Step Fwd. Step Fwd (9:00)

33 - 34	Cross step left foot over right. Step right foot to right side.
35 - 36	Cross step left foot behind right. Step right foot to right side.

37 - 38 Turn diagonally left-touching left heel diagonally forward left. Step left foot to left side.

39 - 40 Turn 1/4 left & step forward onto right foot, step forward onto left foot.

Other suggested music: Rodney Crowell This too will pass (78/156 bpm)

Christina Milian Whatever U want (102 bpm)
Lee Ann Womack The wrong girl (109 bpm)
Patrice Rushen Forget me nots (114 bpm)