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Olivia's Physical

64 Count, 2 Wall, Improver Choreographer: Joyce Nicholas (Malaysia) May 2011 Choreographed to: Let's Get Physical by Olivia Newton-John

1 1-2 3-4 5-8	STOMP FORWARD, STEP BACK, PIVOT ½ Stomp R fwd (push R hand out), Stomp L fwd (push L hand out) Step R back (R hand slap R thigh), Step L back (L hand slap L thigh) Step R fwd, Pivot ½ left, Step R and L in place	6.00
2	STOMP FORWARD, STEP BACK, PIVOT ½ REPEAT Section 1	12.00
3 1-2	MONTEREY ½ TURN, MONTEREY ¼ TURN Touch R to right (R hand outstretch to side), on ball of left make ½ turn right, Stepping R beside left	
3-4 5-6	Touch L to left (L hand outstretch to side), Step L beside right Touch R to right (R hand outstretch to side), on ball of left make ¼ turn right, Stepping R beside left	
7-8	Touch L to left (L hand outstretch to side), Step L beside right	9.00
4 1-2 3-4 5-6 7-8	STEP SWEEP X 2, CROSS SIDE, BEHIND, TOUCH Step fwd on R, Sweep L around from back to front Step fwd on L, Sweep R around from back to front Cross R over left, Step to left Cross R behind left, Touch L to left	9.00
5 1-2 3-4 &5-6 &7-8	STEP ¼ TURN, ¼ TURN KICK, SIDE TOUCHES X 2 Step L fwd, making ¼ turn L, Step back on R Making ¼ turn L, Step L fwd, Kick R fwd Step R next to left, Touch L to left. Hold Step L next to right, Touch R to right. Hold	3.00
6 1&2 3-4 5-8	RIGHT SAILOR, STEP 1/4 TURN TOUCH, BUMPS X 4 Cross R behind left, Step L to left, Step R to right Turning 1/4 left, Step L to left, Touch R beside left Bump hips, RLRL	12.00
7 1-2 3-4 5-6 7-8	WALK FWD X 3, KICK, WALK BACK X 3, HITCH Walk R fwd, Walk L fwd Walk R fwd, Kick L fwd (raise both arm in the air) Walk back on L, Walk back on R Walk back on L, Hitch R knee up	12.00
8 1-4 5-8	1/4 TURN JAZZ BOX X 2Cross R over left, Step L back, Turning 1/4 right, Step R to right, Step L beside rightCross R over left, Step L back, Turning 1/4 right, Step R to right, Step L beside right6.00	