| 1-2 | Step right foot to the side, slide left foot beside right |
| :---: | :---: |
| 3-4 | Step right to the side, touch left foot beside right |
| 5 \& 6 | Shuffle to the left side left-right-left |
| 7-8 | Rock/step right foot across behind left, rock forward onto left |
| 9 | Step forward on ball of right foot to right diagonal pushing hip forward to diagonal (lift left knee) |
| 10 | Push hips backward to diagonal taking weight onto left foot (drop heel) |
| 11-12 | Slide right foot to touch beside left, hold |
| \& 13 | Step on ball of right foot to side, step left foot to side |
| 14 | Step right foot across in front of left |
| 15 | Rock/step left foot to the side |
| 16 | Rock sideward onto right and make 1/4 turn left |
| 17-18 | Step left foot backward, touch right toe across in front of left foot |
| 19-20 | Step right foot backward, touch left toe across in front of right foot |
| 21-22 | Step left foot backward, touch right toe across in front of left foot |
| 23-24 | Step right foot backward, low kick forward with left foot towards left diagonal |
| 25 | Step left foot forward toward left diagonal |
| 26 | Step right foot forward to lock behind left |
| 27 | Step left foot forward toward left diagonal |
| 28 | Make 1/8 turn left on ball of left foot \& step right foot to side (you should be facing 6:00) |
| 29-30 | Step left foot forward, hold |
| 31-32 | Step right foot forward, hold |
| 33-34 | Step left foot forward, make $1 / 2$ pivot turn right \& step weight forward onto right foot |
| 35-36 | Step left foot forward, hold |
| 37-38 | Step right foot forward, make $1 / 2$ pivot turn left \& step weight forward onto left foot |
| 39 | Step right foot forward |
| 40 | Flick/lift left foot across behind right knee |
| 41-42 | Step left foot forward toward left diagonal turning toe slightly outward, hold |
| 43-44 | Step right foot forward toward right diagonal turning toe slightly outward, hold |
| 45 | Step ball of left foot forward toward left diagonal turning toe slightly outward |
| 46 | Step ball of right foot forward toward right diagonal turning toe slightly outward |
| 47 | Step ball of left foot forward toward left diagonal turning toe slightly outward |
| 48 | Touch right toe beside left foot |
|  | REPEAT |

