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# Off Beat

48 count, 4 wall, intermediate level Choreographer: Chris Salter (England) July 2007 Choreographed to: The Beat Goes On by Sonny And Cher (125 bpm)

32 count intro

The phrasing is: A A A B A A A B A A A B A A

#### PART A

### Section 1: Side Rock, Vine Left, Cross Rock, Recover, 1/4 Turn Right Toe Strut

- 1-2 Rock right to right side. Recover on left
- 3 4 Step right behind left. Step left to left side
- 5-6 Cross rock right over left. Recover on left
- 7-8 Touch right toe  $\frac{1}{4}$  turn right. Drop right heel

# Section 2: Rock, Recover, Left Coaster Step, Rock, Recover, Shuffle 1/2 Turn Right

- 1-2 Rock forward on left. Recover on right
- 3 & 4 Step left back. Step right beside left. Step left forward
- 5-6 Rock forward on right. Recover on left.
- 7 & 8 Shuffle ½ turn right stepping right, left, right

## Section 3: Rocking Chair, 1/2 Turn Right With Sweep, Rock, Recover

- 1-2 Rock forward on left. Recover on right
- 3-4 Rock back on left. Recover on right
- 5 6 Turn ½ turn right stepping back on left. Sweep right round (keeping weight on right)
- 7 8 Rock back on right. Recover on left

## Section 4: Rocking Chair, Kick Ball Cross, Forward Rock, Recover

- 1-2 Rock forward on right. Recover on left
- 3 4 Rock back on right. Recover on left
- 5 & 6 Kick right diagonally forward right. Step ball of right beside left. Cross left across right
- 7 8 Rock forward on right. Recover on left

#### **PART B**

# Section 1: Paddle Turns With Clicks On Every Second Beat (x4)

- 1 2 Make ¼ turn left stepping right to right side, pushing hips right and clicking fingers
- 3 4 Make ¼ turn left stepping right to right side, pushing hips right and clicking fingers
- 5-6 Make  $\frac{1}{4}$  turn left stepping right to right side, pushing hips right and clicking fingers
- 7 8 Make ¼ turn left stepping right to right side, pushing hips right and clicking fingers

# Section 2: Step, Hold, Step, Hold, Pivot 1/2 Turn Right, Step, Hold

- 1-2 Step right forward. Hold and click fingers
- 3 4 Step left forward. Hold and click fingers
- 5 6 Pivot ½ turn right. Hold and click fingers
- 7 8 Step left forward. Hold and click fingers

Although a phrased dance, Part B occurs after every third wall so very easy to remember. The song also changes at this point so easy to spot.

This dance is dedicated to all the regulars of the Linedancer Magazine chat room!

Music download available from iTunes: Napster: eMusic: Wippit