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OC'S Jigs 32 Count, 4 Wall, Improver Choreographer: Gaye Teather (UK) April 2008 Choreographed to: I'm Not As Young As I Used To Be by Dave Sheriff, CD: All Friends Together (116 bpm)

## Dance rotates in CCW direction

	Touch and toe & touch & nook. Shuffle forward. Point. Hitch
1&2	Touch Right toe behind Left heel. Step slightly back on Right. Touch Left toe slightly forward
&3	Step Left in place. Touch Right toe behind Left heel
&4	Step slightly back on Right. Hook Left foot in front of Right shin
5&6	Step forward on Left. Step Right beside Left. Step forward on Left
7 – 8	Point Right toe to Right side. Hitch Right across Left
	Chasse Right. Cross rock. Chasse Left. Cross rock
1&2	Step Right to Right side. Step Left beside Right. Step Right to Right
3 – 4	Cross rock Left over Right. Recover onto Right
5&6	Step Left to Left side. Step Right beside Left. Step Left to Left
7 – 8	Cross rock Right over Left. Recover onto Left
	Chasse quarter turn Right. Step. Pivot half turn Right. Step. Hold & clap twice &. step. Hold & clap once
1&2	Step Right to Right side. Step Left beside Right. Quarter turn Right stepping forward on Right
3 – 4	Step forward on Left. Pivot half turn Right (Facing 9 o'clock)
5&6	Step forward on Left. Hold & clap twice
&	Step Right beside Left
7 - 8	Step forward on Left. Hold & clap
	Right forward rock. Coaster step. Left forward rock. Coaster step
1 – 2	Rock forward on Right. Recover onto Left
3&4	Step back on Right. Step Left beside Right. Step forward on Right
5 – 6	Rock forward on Left. Recover onto Right
7&8	Step back on Left. Step Right beside Left. Step forward onLeft

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