



STEPPIN'OFF THEPage

The most important aspect of line dancing for me is to have fun while I'm dancin'! I wrote 'Baamulaiza' with that end in mind!! Many of the moves match the lyrics and the tags are an integral part of the dance. Don't forget to race your next door neighbour on the 'runs forward'!

Baamulaiza

4 WALL - 32 COUNTS - IMPROVER LEVEL

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1 1-2 3&4 5-6 7&7	Side Rock, Beside, Side, Cross, Side Rock, Behind, Side Cross Rock right to right side. Recover onto left Cross right behind left. Step left to left side. Cross right over left. Rock left to left side. Recover onto right. Cross left behind right. Step right to right side. Cross left over right.	Side Rock Behind Side Cross Side Rock Behind Side Cross	On the spot Left On the spot Right
Section 2 1&2& 3&4 5&6 7&8 Tag 2	Step-Clap x 2, Hip Bumps x 2, Step, Lock, Step Step forward on right. Clap. Step forward on left. Clap Touch right toe forward bumping hips forward and up. Bump hips left. Step down on right. Touch left toe forward bumping hips forward and up. Bump hips right. Step down on left. Step back on right. Lock left across right. Step back on right. Restart Wall 12 facing 3 o'clock	Step Clap Step Clap Bump Bump Step Bump Bump Step Step Lock Step	Forward On the spot Back
Section 3 1&2 3-4 5&6 7&8	Mambo Step, Walk Walk, Mambo Step, Sailor 1/4 Turn Rock back on left. Recover on right. Step left beside right. Walk forward on right. Walk forward on left. Rock forward on right. Recover onto left. Step right beside left. Cross left behind right making 1/4 turn left. Step right to right side. Step slightly forward on left.	Left Mambo Walk Walk Right Mambo Sailor Step	Back Forward Forward Turning left
Section 4 1-2 3&4 5-6 7&8	Rock Forward, Triple in Place, Rock Back, Run forward x 3 Rock forward on right. Recover onto left. Triple in place stepping – right, left, right Rock back on left. Recover onto right. Low running steps forward stepping – left, right, left	Rock Forward Triple Step Rock Back Run Run Run	On the spot Forward
Tag 1 1-2 3&4& 5-6 7&8& 1-8	Wall 8 facing 12 o'clock (16 counts) Side, Touch, Hip Bumps x 2 Step right to right side. Touch left beside right. (Option: Body Roll) Bump hips left, right, left, right (weight on left) (Option: Shoulder Shimmies) Step left to left side. Touch right beside left. (Option: Body Roll Bump hips right, left, right, left (weight on right) (Option: Shoulder Shimmies) Repeat above	Side Touch Bump & Bump & Side Touch Bump & Bump &	Right On the spot Left On the spot
Tag 2 &1-2 3&4 &5-6 7&8& Optional Ending:	Restart Wall 12 (facing 3 o'clock) Out, Out, Hold, Hip Bumps x 2 Jump back left, right. Hold (clap optional) Bump hips left, right, left (weight on right) Jump back right, left. Hold (clap optional) Bump hips right, left, right, left (weight on left) Dance Sections 1&2, turn 1/2 left and step left forward, pose!	Out Out Hold Bump & Bump Out Out Hold Bump & Bump &	Back On the spot Back On the spot

Choreographed by:

Vivienne Scott CAN Sept 2012

Choreographed to:

'Baamulaiza Ragga Mix' by Dominique Cerejo & Style Bhai from CD 'De Dana Da' also available on itunes and amazon (Intro 64 counts, start on female voice)

Tags

Two Tags: Tag 1 at the end of Wall 8 facing 12 o'clock.
Tag 2/Restart after Section 2 during Wall 12 facing 3 o'clock.



A video clip of this dance is available at www.linedancermagazine.com