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No Need To Rush
64 Count, 2 Wall, Intermediate
Choreographer: Neville Fitzgerald \& Julie Harris (UK) Nov 08
Choreographed to: One Step At A Time by Jordin Sparx

## Starts on Vocal (16 Counts)

## 1. Side, Behind \& Step, Mambo Step, 1/2, 1/2, $1 / 4$ Chasse.

1-2\&3 Step Left to Left side, cross step Right behind Left, step Left to Left side, step forward on Right.
4\&5 Rock forward on Left, recover on Right, step back on Left.
6-7 Make 1/2 turn to Right stepping forward on Right, $1 / 2$ turn to Right stepping back on Left.
8\&1 Make 1/4 turn to Right stepping Right to Right side, step Left next to Right, step Right to Right side.
2. Rock \& Side, Cross, Side, Sailor 1/4, Step.

2\&3 Cross rock Left over Right, recover on Right, step Left to Left side.
4-5 Cross step Right over Left, step Left to Left side.
6\&7 Cross step Right behind Left, make 1/4 turn to Right stepping Left next to Right, step forward on Right.
Restart here on Wall 5
8 Step forward on Left.
3. 1/2 Pivot, Left Lock Step, Kick Cross Back, Side, Cross, 1/4 Lock Step Back.

1 Pivot 1/2 turn to Right.
2\&3 Step forward on Left, lock Right behind Left, step forward on Left.
4\&5 Kick Right forward Diagonal Right, cross step Right over Left, step back on Left.
6-7 Step to Right side on Right, cross step Left over Right.
8\&1 Make $1 / 4$ turn to Left stepping back on Right, lock Left over Right, step back on Right.
4. $1 / 2$, Touch, Rock \& $1 / 2$, Coaster Step, $1 / 4$ Behind \& Cross.

2-3 Make $1 / 2$ turn to Left stepping forward on Left, touch Right toe forward.
4\&5 Rock back on Right, recover on Left, make $1 / 2$ turn to Left stepping back on Right.
6\&7 Step back on Left, step Right next to Left, step forward on Left.
8\&1 Make $1 / 4$ turn to Right on ball of Left as you cross step Right behind Left, step Left to Left side, cross step Right over Left.
5. \& Cross \& Cross, Rock \& Cross, $1 / 4,1 / 4$, Rock \& Side.
\&2\&3 Step Left to Left side, cross step Right over Left, step Left to Left side, cross step Right over Left.
4\&5 Rock to Left side on Left, recover on Right, cross step Left over Right.
6-7 Make $1 / 4$ turn to Right stepping forward on Right, $1 / 4$ turn to Right stepping Left to Left side.
8\&1 Cross rock Right behind Left, recover on Left, step Right to Right side.
6. Rock \& Side, Rock \& $1 / 4$, Step, $1 / 2$ Pivot, $1 / 4$ Sweep.

2\&3 Cross rock Left behind Right, recover on Right, step Left to Left side.
4\&5 Cross rock Right behind Left, recover on Left, make $1 / 4$ turn to Right stepping forward on Right.
6-7 Step forward on Left, pivot $1 / 2$ turn to Right.
$8 \quad 1 / 4$ turn to Right sweeping Left to touch next to Right.
Restart here on Wall 2
7. Chasse Left, Back Rock, Step, Lock \& Step, Sailor $1 / 2$ Turn.

1\&2 Step Left to Left side, step Right next to Left, step Left to Left side.
3-4 Rock back on Right, recover on Left.
5-6 Step Right forward diagonal Right, lock Left behind Right.
\&7 Step Right forward diagonal Right, step Left forward diagonal Left.
8\&1 Cross step Right behind Left making 1/4 turn to Right, $1 / 4$ turn to Right stepping Left next to Right, step forward on Right.
8. Walk, Walk, Step, $1 / 2$ Pivot, Left Shuffle, Step

2-3 Walk forward Left-Right.
4-5 Step forward on Left, pivot $1 / 2$ turn to Right.
6\&7 Step forward on Left, step Right next to Left, step forward on Left.
8 Step forward on Right.
RESTART 1: Wall 2. Dance up to \& including Count 8, Section 6 (48). Then Restart from beginning. RESTART 2: Wall 5. Dance up to \& including Count 7, Section 2 (15). Then make a quick $1 / 2$ turn to Right sweeping Left to touch next to Right. Then Restart from beginning.

