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No Lie

BEGINNER

64 Count 2 Walls
Choreographed by: Lana Harvey Wilson

Choreographed to: I Wouldn't Tell No Lie by The Tractors

1 - 2 3 - 4 5 - 6 7 - 8 9 - 10 11 - 12 13 - 14 15 - 16	STEP SLIDE STEP, SIDE, TOGETHER, HEEL SPREAD Step forward left. Slide right next to left, weight on it Step forward left. Hold Step right to right side. Step left next to right Spread heels apart Bring heels back together Step forward right. Slide left next to right, weight on it Step forward right. Hold Step left to left side. Step right next to left Spread heels apart Bring heels back together
17 - 18 19 - 20 21 - 22 23 - 24 25 - 26 27 - 28 29 - 30 31 - 32	WALK BACK, OUT-OUT, IN-IN, OUT-OUT, IN-IN, ROCK BACK, RECOVER Step back on left. Hold Step back on right. Hold Step out and slightly back on left. Step out and slightly back on right Step in and slightly back on left. Step in and slightly back on right Step out and slightly back on left. Step out and slightly back on right Step in and slightly back on left. Step in and slightly back on right Rock back onto left. Hold Rock forward onto right. Hold
33 - 34 35 - 36 37 - 38 39 - 40	SIDE ROCK, HOLD, STEP, STEP, SIDE ROCK, HOLD, STEP, STEP Rock to left side on left. Hold Rock weight onto right in place. Step left next to right Rock to right side on right. Hold Rock back onto left in place. Step right next to left
41 - 42 43 - 44 45 - 46 47 - 48	ROCK FORWARD, HOLD, STEP, STEP, ROCK BACK, HOLD, ROCK FORWARD, HOLD Rock forward on left. Hold Rock weight onto right in place. Step left next to right Rock back onto right. Hold Rock forward onto left. Hold
49 - 50 51 - 52 53 - 54 55 - 56 57 - 58 59 - 60 61 - 62 63 - 64	SIDE TOUCHES WITH 1/4 TURN RIGHT, SIDE TOUCHES Touch right toe to right side. Touch right toe next to left instep Touch right toe to right side. Step right next to left turning 1/4 to right side Touch left toe to left side. Touch left toe next to right instep Touch right toe to left side. Step left next to right. Touch right toe to right side. Touch right toe next to left instep Touch right toe to right side. Step right next to left turning 1/4 to right side Touch left toe to left side. Hold Touch left toe next to right instep. Hold
	REPEAT