

No Body's Fool

32 count, 4 wall, Beginner/Intermediate level

Choreographer : Chris Adey (UK) 2001

Choreographed to : Dancing Fool by
Borderlines CD, Track 2

section 1 Stomp rock & twist reverse turn

- 1 - 2 Stomp right foot fwd, rock back on left foot
- 3 - 4 Rock back on right foot, rock forward on left foot
- 5 - 6 Rock forward on right foot, rock back on left foot
- 7 - 8 Step right foot across behind right, twist $\frac{1}{2}$ a half turn to right
(you will be facing back wall)

section 2 Rock & twist $\frac{1}{2}$ half reverse turn

- 1 - 2 Rock left foot fwd, rock back on right foot
- 3 - 4 Rock back on left foot, rock forward on right foot
- 5 - 6 Rock forward on left foot, rock back on right foot
- 7 - 8 Step left foot across behind right, twist $\frac{1}{2}$ a half turn to left
(you will be facing front wall)

section 3 Quarter left turn, kick hook cross half right turn, shuffle forward

- 1 - 2 Turn quarter left on left foot, kick right foot forward
- Hook right leg across left whilst turning half a turn right
- 3 & 4 Shuffle forward right foot leading (right, left, right) kick hook cross half right
turn, shuffle forward
- 5 - 6 Kick left foot forward
- Hook left leg across right whilst turning half a turn left
- 7 & 8 Shuffle forward left foot leading (left, right, left)
(you will be facing left wall from the starting wall)

section 4 Cross rock, shuffling whole turn to right, heel switches

- 1 - 2 Cross rock right foot over left, recover weight onto left foot
- 3 & 4 Turning half a turn to the right, right foot leading (right, left, right)
- 5 & 6 Continue shuffling around right with left foot leading half a turn left, right, left)
(to face left wall from start)
- 7 & 8 Touch right heel fwd, step onto right foot, touch left heel forward
- & Step onto left foot in place

Repeat with a ☺