

**HEEL SWITCHES WITH LONG STEP; HIP BUMPS**

- 1 & 2 Touch right heel forward; step on right foot; touch left heel forward  
& 3 Step on left foot; taking a long step forward, step on right foot  
4 Slide left foot up to right foot and clap hands  
5,6 Bump hips left twice  
7,8 Bump hips right twice.

**CROSS-STEP, 3/4 TURN, HIP BUMPS**

- 9,10 Touch right toe to right side; cross-step right foot over left  
11,12 Pivot 3/4 turn left, clap hands  
13,14 Bump hips left twice  
15,16 Bump hips right twice.

**"DOWN AND DIRTY" STEP WITH 1/2 TURN**

- 17 Step right foot to right side  
18,19 Rotate hips right to left  
20 Slide left foot to right foot (shift weight to left foot)  
21 Pivoting 1/2 turn left on left foot, step on right foot  
22,23 Rotate hips right to left  
24 Slide left foot to right foot (weight remains on right).

**1/2 TURN, "DOWN AND DIRTY" STEP .**

- 25 Pivoting 1/2 turn right on right foot, step on left foot  
26,27 Rotate hips right to left  
28 Slide right foot to left foot  
29,30 Bump hips left twice  
31,32 Bump hips right twice.

**RIGHT SIDE SHUFFLES, PIVOT TURNS**

- 33 & 34 Step right foot to right side; step left together; step right foot to right side  
35 & 36 Cross-step left foot over right; step right behind left; with feet still crossed, step left foot to right side  
37,38 Step right foot forward; pivot 1/2 turn left  
39,40 Step right foot forward; pivot 1/2 turn left.

**"DIRTY SLIDE" STEP**

- 41 Step right foot back  
42,43 Rotate hips (wiggle) right to left  
44 Slide left foot back to right  
45 Step left foot forward  
46,47 Rotate hips (wiggle) right to left  
48 Slide right foot forward to left.

**REPEAT**