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## **Nightmare**

## **BEGINNER**

64 Count

Choreographed by: Terry Hogan Choreographed to: She Drew A Broken Heart by Patty Loveless

1 2 3 & 4	STEP FORWARD, 1/2 TURN, TRIPLE STEP Step forward with right foot Pivot 1/2 turn left on ball of right foot Step together with left foot next to right foot Step in place with right foot Step in place with left foot
5 6 7 & 8	STEP BACK, 1/2 TURN, TRIPLE STEP Step back with right foot Pivot 1/2 turn left on ball of right foot Step together with left foot next to right foot Step in place with right foot Step in place with left foot
9 10 11 12	STEP BACK, HOLD, STEP BACK, HOLD Big step back on right foot Hold, (slight dragging of left foot towards right foot is acceptable) Step back with left foot Hold ((slight dragging of right foot towards left foot is acceptable)
13 14 15 & 16	WALK BACK, 2, 3, BALL-CROSS Step back with right foot Step back with left foot Step back with right foot Step back on ball of left foot Step across in front of left foot with right foot
17 18 19 20	LEFT SIDE, TOUCH, RIGHT SIDE, TOGETHER  Step to left side with left foot Touch right toe next to left foot Step to right side with right foot Step together with left foot next to right foot
21 & 22 & 23 24	STEP-TOGETHER-STEP-TOGETHER, STEP, KICK Small step to right side with right foot Place ball of left foot next to right foot Small step to right side with right foot Place ball of left foot next to right foot Step to right side with right foot Kick left foot across in front of right leg
25 26 27 28	HOLD, CROSS, SIDE, 1/4 TURN Hold (left foot still in the air) Step across in front of right leg with left foot Step to right side with right foot Pivot 1/4 turn left on ball of right foot, stepping forward with left foot
29 & 30 31 & 32	LEFT TURNING SHUFFLES Step 1/4 turn left with right foot Step together with left foot Step 1/4 turn left with right foot Step 1/4 turn left with left foot Step together with right foot Step 1/4 turn left with left foot
33	OUT-OUT, IN FRONT, SIDE, BEHIND Step to right side with ball of right foot

& 34 35 36	Step to left side with ball of left foot Step across in front of left leg with right foot Step to left side with left foot Step across behind left leg with ball of right foot
37 38 39 & 40	HIP LIFT, SIDE-TOGETHER-SIDE Keep feet in place raise right hip and shoulder up Relax Step to right side with right foot Step together with left foot next to right foot Step to right side with right foot
41 42 & 43 & 44	ROCK-STEP-TURN, SHUFFLE Step forward with left foot Rock back onto ball of right foot Pivot 1/2 turn left on ball of right foot Step forward with left foot Step together with right foot Step forward on ball of left foot
45 46 47 48	LEFT 1/2 TURN, 1/2 TURN, 1/2 TURN, 1/2 TURN Pivot 1/2 turn left on ball of left foot, stepping back slightly on ball of right foot Pivot 1/2 turn left on ball of right foot, stepping forward slightly on ball of left foot Pivot 1/2 turn left on ball of left foot, stepping back slightly on ball of right foot Pivot 1/2 turn left on ball of right foot, stepping back forward on ball of left foot
49 & 50 51 52	OUT-OUT, IN FRONT, SIDE, BEHIND Step to right side with ball of right foot Step to left side with ball of left foot Step across in front of left leg with right foot Step to left side with left foot Step across behind left leg with ball of right foot
53 54 55 & 56	HIP LIFT, SIDE-TOGETHER-SIDE Keep feet in place raise right hip and shoulder up Relax Step to right side with right foot Step together with left foot next to right foot Step to right side with right foot
57 58 59 60	STEP FORWARD, ROCK BACK, STEP BACK, KICK Step forward with left foot Rock-step back onto right foot Step back with left foot Kick right foot forward
61 & 62 & 63 64	BACK RIGHT-TOGETHER-BACK RIGHT-TOGETHER, STEP BACK, TOGETHER Small step back on ball of right foot Slide left foot next to right foot Small step back on ball of right foot Slide left foot next to right foot Step back on right foot Step together with left foot
	REPEAT
	/Styling notes: **Step 1, 2, 5, 6 can be performed as full turns instead of 1/2 turns. **Step 45-48 can be made easier: step forward Right then Left then doing only two 1/2 turns. **On counts 61&62& lean forward slightly and push Right shoulder forward as you step back with

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Right foot (controlled shimmies) Holding arm out from the body usually helps with this move.