

My One Desire

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32 Count, 4 Wall, Intermediate Choreographer: Peter & Alison (January 2009) Choreographed to: You're The Reason by Dr Victor & The Rasta Rebels, CD: If You Wanna Be Happy (96 bpm)

Start after 16 count intro on vocals)

1-8 1&2 3&4 5&6 7&8	R cross rock side, L cross rock ¼ L, ¾ L turn & R side, L cross rock side Cross rock R over L, recover weight on L, step R side Cross rock L over R, recover weight on R, turning ¼ left step L forward Step R forward, pivot ½ left, turning ¼ left step R side (12 o'clock) Cross rock L over R, recover weight on R, step L side
9-16 1-2 3& 4& 5&6 7&8	Weave L 2, syncopated weave with hitch turning ¼ R, L fwd shuffle, R chase turn Cross step R over L, step L side Cross step R behind L, step L side Cross step R over L, hitch L up turning ¼ right Step L forward, step R together, step L forward (or lock step) Step R forward, pivot ½ left, step R forward (9 o'clock)
17-24 1&2 3&4 5&6 7&8	L & R fwd hip bumps, L fwd mambo, R back mambo Stepping L forward bump hips L/R/L Stepping R forward bump hips R/L/R Rock L forward, recover weight on R, step L back Rock R back, recover weight on L, step R forward (9 o'clock)
25-32 1& 2& 3& 4 5-6 7& 8&	L side rock & recover into R meringue with flick, R cross step, L back, ½ R coaster step, L fwd on L diagonal Rock L side, recover weight on R Step L together, step R side Step L together, step R side Step L together & flick R back Cross step R over L, step L back Sweeping R ½ right step R back, step L together Step R together, step L slightly forward on L diagonal (3 o'clock)
	and the second s

TAGS: At the end of ever 2nd wall (after walls 2, 4, 6 & 8) add the following 16 count tag and then begin the dance again from the beginning. Also note the dance will finish with the tag.

1-8	Walk fwd R & L, R chase turn, walk fwd L & R, L chase turn	
1-2	Step R forward, step L forward	
3&4	Step R forward, pivot ½ left, step R forward	
5-6	Step L forward, step R forward	
7&8	Step L forward, pivot ½ right, step L forward	
9-16	Full R ball change turn, Full L ball change turn	
1&	Turning ¼ right step onto ball of R, replace weight on ball of L	
2&	Turning ¼ right step onto ball of R, replace weight on ball of L	
3&	Turning ¼ right step onto ball of R, replace weight on ball of L	
4	Turning ¼ right step down on R (12 o'clock)	
5-8	Repeat counts 1 -4 turning to the left (12 o'clock)	
Arm movements: take arms shoulder level, bend elbows with palms of hands to the ceiling, fingers facing in an outwards direction (as if you were belly dancing)		

For our 2009 'In Motion On The Ocean' Western Caribbean Dance Cruise