STEPPIN'OFF



THEPage



Approved by:

Louise

My Heart In 2

4 WALL – 32 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Toe Strut 1/4 Turn x 2, Jazz Box 1/4 Turn, Step		
1 – 2	Making 1/4 turn left step right toe forward. Drop right heel.	Turn Strut	Turning left
3 – 4	Making 1/4 turn left step left toe forward. Drop left heel. (6:00)	Turn Strut	
Note	Counts 1 - 4: 'Floating' toe struts - think Michael Jackson, almost moon walk!		
5 – 6	Cross right over left. Make 1/4 turn right stepping left back. (9:00)	Cross Turn	Turning right
7 – 8	Step right beside left. Step left forward.	Together Step	Forward
Section 2	Step, Point, Cross, Point, Rocking Chair		
1 – 2	Step right forward. Point left to left side.	Step Point	Forward
3 – 4	Cross left in front of right. Point right to right side.	Cross Point	
5 – 6	Rock forward on right. Recover onto left.	Rock Forward	On the spot
7 – 8	Rock back on right. Recover onto left.	Rock Back	
Restart	Wall 5: Start dance again from beginning (facing 9:00).		
Section 3	Step, 1/2 Turn, Shuffle 1/2 Turn, Back Rock, Step, Scuff		
1 – 2	Step right forward. Make 1/2 turn left stepping left forward. (3:00)	Step Half	Turning left
3 & 4	Shuffle step 1/2 turn left, stepping - right, left, right. (9:00)	Shuffle Half	
5 – 6	Rock back on left. Recover onto right.	Rock Back	On the spot
7 – 8	Step left forward. Scuff right forward.	Step Scuff	Forward
Section 4	Jazz Box, Step, Pivot 1/2, Step x 2		
1 – 4	Cross right over left. Step left back. Step right beside left. Step left beside right.	Jazz Box Together	On the spot
5 – 6	Step right forward. Pivot 1/2 turn left. (3:00)	Step Pivot	Turning left
7 – 8	Step right forward. Step left beside right.	Step Together	Forward

Choreographed by: Louise Elfvengren-Olatoye (SE) November 2011

Choreographed to: 'My Heart In 2' by Cazzi Opeia (128 bpm); Single, available as download from amazon.co.uk or iTunes

(32 count intro)

Restart: One Restart during Wall 5



A video clip of this dance is available at www.linedancermagazine.com