

## My Girl Sally

32 count, 4 wall, beginner level

Choreographer: Audrey Watson (Scotland) Dec 2007

Choreographed to: Sea Salt Sally by Rick Guard,

Album: Stop It & Dance (164 bpm)

---

32 Count Start on vocals

**FWD TOUCH, BACK TOUCH, BACK TOUCH, FWD TOUCH.**

- 1-2 Step fwd on right, touch left next right.
- 3-4 Step back on left, touch right next left.
- 5-6 Step back on right, touch left next right.
- 7-8 Step fwd on left, touch right next left.

**ROCK, ROCK, ROCK, HOLD X 2.**

- 1-2 Rock fwd on right, recover back on left.
- 3-4 Rock fwd on right, hold for a beat.
- 5-6 Rock fwd on left, recover back on right.
- 7-8 Rock fwd on left, hold for a beat.

**SIDE HOLD, CROSS HOLD, SIDE, CLOSE, SIDE, HOLD.**

- 1-2 Step right to right side, hold for a beat.
- 3-4 Cross left over right, hold for a beat.
- 5-6 Step right to right side, close left next right.
- 7-8 Step right to right side, hold for a beat.

**CROSS ROCK, 1/4 TURN, HOLD, RUN, RUN, RUN, RUN.**

- 1-2 Cross rock left over right, recover back on right.
- 3-4 Turn 1/4 left stepping fwd on left, hold for a beat.
- 5-6 Small running step fwd on right, small running step fwd on left.
- 7-8 Small running step fwd on right, small running step fwd on left.

Potential floor split with Kate Sala's Sea Salt Sally