

Website: www.linedancerweb.com Email: admin@linedancerweb.com

(28873)

## **Movin' West**

## **BEGINNER**

32 Count

Choreographed by: Cindy Hall Choreographed to: If You Just Let Me Into Your Heart by Mary Chapin Carpenter

RIGHT, LEFT, KICK-BALL CROSS, TOE STRUT, HEEL HOOK
Step right foot to right side, cross left foot behind right foot
Kick right foot forward Step on ball of right foot, step left foot across right foot
Touch right toe forward, lower right heel to floor
Touch left heel forward, hook left foot across right shin
SHUFFLES (1 TURNING 1/2 TO RIGHT, 2 STRAIGHT BACK), STEP 1/2 PIVOT
Left & right, left (making 1/2 turn to right, now facing RLOD) (left arms come over lady's head into cross-armed position)
Right & left, right backward
Left & right, left backward
Step right foot forward, pivot 1/2 turn left (now facing LOD) (left arms come over lady's head back into side-by-side position)
GRAPEVINE, CHA-CHA, FORWARD, HITCH, FORWARD, HITCH
Step right foot to the right, step left foot behind right
Step right, left, right (traveling toward outside of circle) Step left foot forward, hitch right knee up (turning slightly toward ILOD)
Step right foot forward, hitch left knee up (turning slightly toward OLOD)
STEP, BEHIND, STEP BEHIND (FACING OLOD)
Step left foot to left, step right foot behind left foot, step left foot to left, step right foot behind left foot
MAN: STEP, BEHIND, STEP 1/4 TURN LEFT, SCUFF LADY: ROLL, SCUFF
MAN: Step left foot to left, step right foot behind left, Step left foot 1/4 turn left, scuff right
LADY: 1 1/4 turn to the left ( stepping left, right, left) scuff right
REPEAT